

Benefit Plan Contact Information

Benefits App-ORU Medefy: (833) 649-6823

Benefit Resources Inc. (FSA/HSA): (800) 339-7493 - www.fsasupport@britulsa.com

Blue Cross Blue Shield of Oklahoma: (800) 672-2378 - www.bcbs.com

BCBS Express Scripts: (833) 599-0729 – www.express-scripts.com

BCBS MDLive: (888) 970-4081 – www.mdlive.com/bcbsok

Delta Dental of Oklahoma: (800) 522-0188 – www.deltadentalok.org

Delta Dental EyeMed Discount: (800) 521-3605 - discount plan #9231093

Employee Assistance Program: (888) 319-7819 – www.metlifeeap.lifeworks.com

Metlife Accident Insurance: (800) 638-6420 – www.metlife.com/mybenefits

MetLife Critical Illness/Cancer Care: (800) 438-6388 – www.metlife.com/mybenefits

Metlife Life Insurance: (800) 638-5433 – www.metlife.com/mybenefits

MetLife Long-Term Disability: (800) 300-4296 – www.metlife.com/mybenefits

MetLife Short-Term Disability: (800) 300-4296 – www.metlife.com/mybenefits

TIAA/ORU: (800) 842-2252 – www.tiaa.org

UBI-Principal Financial: (800) 986-3343 – www.principal.com

Veteran Culture & Resources: (918) 495-6971 – wbeck@oru.edu

Vision Care Direct of Oklahoma: (877) 488-8900 – www.visioncaredirect.com