

Effective 1/1/2017

**CommunityCare**<sup>™</sup>  
*Employer's Choice*

**ORU**

ORAL ROBERTS UNIVERSITY

## Benefit Booklet



[www.ccok.com](http://www.ccok.com)



## *Welcome!*

Thank you for choosing CommunityCare as your health insurance carrier! We are pleased to be your partner in health care. Our goal is to provide you with the highest level of service possible. We are also committed to offering you providers in our networks who deliver high quality care and services.

## *Questions?*

- Call our **Member Services** department at (918) 594-5242 or (800) 777-4890
- Visit our Web site at [www.ccok.com](http://www.ccok.com) for the following resources:
  - Provider, facility & pharmacy searches
  - Formulary drug search
  - Benefit materials
  - View EOBs and access claims history
  - Print temporary member ID cards
  - Popular forms & resources
  - Mail order prescription drug program
  - Wellness resources and more

We are pleased to offer you access to [CareWeb Member Connection](#), the secure online member area of the CommunityCare website. Member Connection is a helpful resource for CommunityCare members.

### How do you register?

Go to [www.ccok.com](http://www.ccok.com), select the [Members](#) link and then choose [Secure Login](#). You will be directed to enter your information and follow a five-step registration process. You will need your CommunityCare member ID card available before you begin.

### Some of the features within Member Connection include:

- Access visits and claims history
- View your EOBs online
- Print temporary ID cards
- Order replacement ID cards
- Search your provider directory
- Search your formulary list
- View your deductible and out-of-pocket summary



Members registered for Member Connection will receive an email notification when EOBs are available to view online. Log in to Member Connection to find out more!

CommunityCare  
MEMBER CONNECTION

[HOME](#)
[MY COVERAGE](#)
[DEDUCTIBLE SUMMARY](#)
[VISITS & CLAIMS](#)
[DOCTORS & HOSPITALS](#)

Welcome to Member Connection

Plan Info: [View Details](#)  
Group #: C080785539  
Last Access: 03/07/2012 02:17 PM

Feedback  
Please take a moment to tell us about your experience.  
[Submit Your Feedback](#)

Message Center  
You have [ 0 ] unread messages

Acrobat Reader  
Adobe Acrobat Reader is needed to open PDF files contained on this site.  
[Get Adobe Reader](#)

VIEW YOUR MEDICAL & PRESCRIPTION BENEFIT DETAILS.  
[Click here to read more](#)

Deductible Summary  
Family Summary

Family Deductible - In Network	\$0.00	\$1,000.00
Family Out Of Pocket - In Network	\$0.00	\$2,000.00

[View Deductible Summary](#)

Visits & Claims



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## Special Benefits for CommunityCare Members

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### 24-Hour Nurseline

- A free, 24-hour nurse staffed information line is available for CommunityCare members
- You may speak to a registered nurse who can recommend a proper course of treatment for medical conditions or problems
- Features an audio health library with more than 400 topics
- Call the 24-hour nurse line at (800) 777-4890

### CommunityCare Website – [www.ccok.com](http://www.ccok.com)

- Access your CommunityCare benefit materials
- View EOBs and access visit and claims history
- Searchable provider and pharmacy directories
- Searchable prescription drug formulary
- Order replacement member ID cards
- Access health and wellness information

### Member Reassurance Program

- Identifies members who have had a serious, traumatic event resulting in long-term, reoccurring care and/or hospital stay
- Designed to reassure members that CommunityCare is monitoring their claims for prompt payment
- A dedicated Member Reassurance Coordinator contacts the members and monitors claims

***Questions? Call Member Services at (918) 594-5242 or (800) 777-4890.***



*This information is a summary and for general information only.*

## In Network Preventive Health Care Coverage

CommunityCare's standards for preventive care are those adopted by most international health care groups and are designed to ensure that all of our members receive the preventive care that can make a difference in their health.

### SCREENINGS\*

#### » Cancer Screening:

- ◊ Pap Smear
- ◊ Mammography
- ◊ Colorectal Cancer
- ◊ Prostate Cancer Screening

#### » Periodic Adult Exams:

- ◊ Blood Pressure, Height and Weight
- ◊ Cholesterol/Lipids
- ◊ TB Skin Tests
- ◊ Chlamydia screening
- ◊ Gonorrhea screening
- ◊ Herpes testing
- ◊ Cardiovascular screening
- ◊ Abdominal aortic aneurysm screening
- ◊ Diabetes screening
- ◊ Glaucoma screening
- ◊ HIV screening
- ◊ Lead screening
- ◊ Iron deficiency screening
- ◊ Lipid disorder screening

#### » Well Baby/Well Child Exams

- ◊ Lead screening: Once per lifetime
- ◊ Vision and hearing screenings
- ◊ Depression screening (ages 12-18)
- ◊ Congenital hypothyroidism screening
- ◊ Hearing loss, universal screening in newborns
- ◊ Iron deficiency screening

#### » Routine Immunizations for Children:

- ◊ Diphtheria, Tetanus, Pertussis (DPT)
- ◊ Tetanus, Diphtheria, Pertussis booster (Tdap)
- ◊ H. influenza type b (HIB)
- ◊ Polio
- ◊ Rotavirus
- ◊ Measles, Mumps, Rubella (MMR)
- ◊ Meningitis (Meningococcal through age 19)
- ◊ Varicella (Chickenpox)
- ◊ Hepatitis A
- ◊ Hepatitis B
- ◊ HPV (Gardasil)
- ◊ Pneumococcal (Pneumovax)
- ◊ Influenza - Injection and Flu Mist

#### » Respiratory Syncytial Virus (RSV):

- ◊ Services must be authorized and directed by the Primary Care Physician, Neonatologist or Pediatrician

#### » Routine Immunizations for Adults:

- ◊ Tetanus, Diphtheria boosters (TD)
- ◊ Tetanus, Diphtheria, Pertussis booster (Tdap)
- ◊ Rubella
- ◊ Hepatitis A
- ◊ Hepatitis B
- ◊ Pneumococcal
- ◊ Influenza

- A. Ages 60 years and older
  - ◊ Zostavax
- B. Ages 65 years and older
  - ◊ Pneumococcal vaccine

*\* Physician Note: Please discuss with your physician which screenings are appropriate for your particular situation and risk factors.*

*Notes: Each service may only be covered for certain age groups or based on risk factors. For specific details on recommendations, please consult your member handbook. Members do not have coverage for preventive care out of network.*





*Are you or your dependents also covered by another health plan?*

## Coordination of Benefits

Your CommunityCare health plan has a Coordination of Benefits (COB) provision. This provision applies when you or your dependents are eligible for benefits under more than one health plan.

It is the responsibility of members to advise CommunityCare of their participation in any other health care plan. **CommunityCare will request information from you about other health coverage during initial enrollment and then annually at your group's renewal.**

If we do not receive a response in the required time, CommunityCare may deny payment of your claims. Please be sure to respond to the COB request within the required timeframe to ensure claims payment.

If you have questions regarding the COB provision, please call Member Services at (800) 777-4890.



## Two Easy Ways to Complete the COB Form

**CommunityCare** **COORDINATION OF BENEFITS INQUIRY**

Thank you for being enrolled with CommunityCare. This inquiry is a routine procedure that is verified on an annual basis to keep your file current. Please note that failure to return Coordination of Benefits information within 30 days will result in denial of claims. You may submit your response to this inquiry by calling our customer service department at (800) 777-4890, by fax to (918) 594-5349 or by mail using the provided envelope.

Are you or any other member on this CommunityCare policy covered by another medical insurance policy or Medicare?

☐ **NO** – Please submit this information by calling (800) 777-4890, by fax to (918) 594-5349 or by using the provided envelope.

☐ **YES** – Please complete all sections below that pertain to the member(s) who have other medical coverage.

**SECTION 1. OTHER COVERAGE INFORMATION ABOUT YOURSELF**

MARITAL STATUS  
☐ SINGLE ☐ MARRIED ☐ DIVORCED ☐ WIDOWED

DO YOU HAVE OTHER MEDICAL INSURANCE COVERAGE?  
☐ YES ☐ NO IF YES, COMPLETE BELOW:

DO YOU HAVE OTHER PRESCRIPTION COVERAGE?  
☐ YES ☐ NO

WHAT IS YOUR EMPLOYMENT TYPE?  
☐ ACTIVE ☐ RETIRED ☐ DISABLED ☐ COBRA

RETIRED DATE: DATE COBRA BEGAN:

EMPLOYER'S NAME: EMPLOYER'S PHONE NUMBER:

EMPLOYER'S ADDRESS:

MEDICARE ID NUMBER: PART A EFFECTIVE DATE: PART B EFFECTIVE DATE:

REASON FOR MEDICARE  
☐ OVER 65 ☐ DISABLED ☐ ESRD (END STAGE RENAL DISEASE)

**SECTION 2. OTHER COVERAGE INFORMATION ABOUT YOUR SPOUSE**

DOES YOUR SPOUSE HAVE MEDICAL INSURANCE COVERAGE THROUGH AN EMPLOYER?  
☐ YES ☐ NO IF YES, COMPLETE BELOW:

DOES YOUR SPOUSE HAVE OTHER PRESCRIPTION COVERAGE?  
☐ YES ☐ NO

SPOUSE'S NAME: SPOUSE'S EMPLOYER'S NAME:

NAME OF HEALTH INSURANCE: HEALTH INSURANCE PHONE NUMBER: HEALTH INSURANCE ID NUMBER:

DICK'S THE HEALTH INSURANCE COVER ANY OTHER FAMILY MEMBERS?  
☐ YES ☐ NO

MEDICARE ID NUMBER: PART A EFFECTIVE DATE: PART B EFFECTIVE DATE:

REASON FOR MEDICARE  
☐ OVER 65 ☐ DISABLED ☐ ESRD (END STAGE RENAL DISEASE)

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**SECTION 3. OTHER COVERAGE INFORMATION ABOUT DEPENDENTS**

ARE THERE DEPENDENTS ON YOUR POLICY WHO HAVE OTHER MEDICAL INSURANCE COVERAGE?  
☐ YES ☐ NO IF YES, LIST DEPENDENT AND OTHER INSURANCE INFORMATION BELOW:

DEPENDENT'S NAME	POLICYHOLDER'S NAME	INSURANCE COMPANY	INS. CO. PHONE NUMBER	ID NUMBER	POLICY EFFECTIVE DATE

ARE THERE DEPENDENTS ON YOUR POLICY WHO HAVE OTHER PRESCRIPTION INSURANCE COVERAGE?  
☐ YES ☐ NO IF YES, LIST DEPENDENTS BELOW:

DEPENDENT'S NAME	DEPENDENT'S NAME	DEPENDENT'S NAME	DEPENDENT'S NAME

**SECTION 4. ADDITIONAL DEPENDENT INFORMATION**

PLEASE FILL OUT THIS SECTION ONLY IF ANY OF YOUR DEPENDENTS HAVE ADDITIONAL HEALTH CARE COVERAGE DUE TO DIVORCE, SEPARATION, ETC.

IS THERE A COURT ORDER THAT DETERMINES RESPONSIBILITY FOR HEALTH CARE COVERAGE AND/OR CUSTODY?  
☐ YES ☐ NO

IF YES, PLEASE ATTACH A COPY OF THE SECTION OF THE COURT ORDER THAT APPLIES TO HEALTH CARE RESPONSIBILITY AND/OR CUSTODY ARRANGEMENTS.

NAME OF PERSON RESPONSIBLE FOR CHILD'S HEALTH CARE COVERAGE: RESPONSIBLE PARTY'S DATE OF BIRTH:

EMPLOYER'S NAME:

INSURANCE COMPANY NAME: INSURANCE CO. PHONE NUMBER:

POLICY NUMBER: GROUP NUMBER: EFFECTIVE DATE:

DEPENDENT'S NAME (FIRST AND LAST): WHO IS THE NATURAL CUSTODIAL PARENT?

1	
2	
3	

Thank you for your assistance in our efforts to keep your records up to date. If you have any questions about this inquiry, please call us at (918) 594-5242 or (800) 777-4890 and one of our representatives will assist you.

Sincerely,  
CommunityCare

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1. Complete the form and return it in the provided postage paid envelope.
2. Call Member Services at (800) 777-4890 to provide your COB information by phone.

# FLU SHOT UPDATE

**Have you had your annual flu shot yet? It's that time again!**



## **Where can you get a flu shot?**

CommunityCare members can receive a free flu shot from the following:

- Your CommunityCare contracted primary care physician's office
- Any health department
- **NEW!** Any participating network pharmacy that provides flu shots

## **What is the cost of a flu shot?**

There is no charge for a regular flu shot. Just show your CommunityCare member ID card and the shot will be provided at no out-of-pocket expense to you.

## **What if you have questions?**

Call the Member Services team at (800) 777-4890 if you have any questions.

## **What are some tips for staying healthy during flu season?**

- Cover your nose and mouth when you cough or sneeze.
- Wash your hands with soap and water often.
- Don't touch your eyes, nose or mouth.
- Clean and disinfect surfaces and objects often to limit spreading germs.

**CommunityCare**<sup>™</sup>



# NOTICE FOR HMO PLAN MEMBERS

If you are not a permanent resident of the State of Oklahoma, please consult with your Employer or CommunityCare Representative.

## NOTES

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## Medical Benefit Plan Options for



**Effective Jan. 1, 2017**

Plan Benefit	HRA (EPG 2000c)	IDEA Plus 2B	PPO 6A	
			<i>In-Network</i>	<i>Out-of-Network</i>
Office Visits - PCP	\$30 Copay^	\$30 Copay	\$30 Copay	40%*
Office Visits - Specialist	\$50 Copay^	\$50 Copay	\$50 Copay	40%*
Preventive Care	No Copay	No Copay	No Copay	30%*
Urgent Care	\$50 Copay	\$50 Copay	\$50 Copay	40%*
Emergency Room	\$150 Copay^	\$100 Copay*	\$50 Copay	\$50 Copay
Lab & X-rays	Lab - No Additional Copay^ X-rays - \$25 Copay^	No Additional Copay	No Additional Copay	30%*
MRIs/CT Scans/PET Scans	\$200 Copay^	\$150 Copay*	20%*	40%*
Inpatient Hospital Care	\$200 Copay Per Day^ <i>(max. of \$1,000 copay per admission)</i>	\$200 Copay Per Day* <i>(max. of \$1,000 copay per admission)</i>	\$250 Per Confinement & 20%*	\$250 Per Confinement & 40%*
Outpatient Surgical Facility	\$100 Copay^	\$150 Copay*	\$250 & 20%*	\$250 & 40%*
HRA Account	\$1,000 Per Individual \$2,000 Per Family	N/A	N/A	N/A
Calendar Year Deductible (EPG)	\$2,000 Per Individual \$4,000 Per Family	\$1,000 Per Individual \$2,000 Per Family	\$1,000 Per Individual \$2,000 Per Family	\$2,000 Per Individual \$4,000 Per Family
Out-of-Pocket Per Calendar Year <i>(includes all copays and deductibles)</i>	\$6,000 Per Individual \$12,000 Per Family	\$3,000 Per Individual \$6,000 Per Family	\$3,500 Per Individual \$7,000 Per Family	Unlimited Per Individual Unlimited Per Family
Rx Benefit (Preferred Pharmacy Copays) - Walgreen's & WalMart	<b>\$0 / \$15 / \$60 / \$95 / \$160</b>	<b>\$0 / \$15 / \$60 / \$95 / \$160</b>	<b>\$0 / \$15 / \$40 / \$70 / \$160</b>	
Rx Benefit (Non-Preferred Pharmacy Copays) - Other network pharmacies	<b>\$5 / \$20 / \$70 / \$115 / \$200</b>	<b>\$5 / \$20 / \$70 / \$115 / \$200</b>	<b>\$5 / \$20 / \$50 / \$90 / \$200</b>	
Mail Order Prescription Drug Benefit	2 copays for a 3-month supply	2 copays for a 3-month supply	2 copays for a 3-month supply	

^ Subject to deductible if HRA account has been spent

\* Subject to calendar year deductible

**2017 Changes are indicated in RED**



# CommunityCare HealthShare

## EPG 2000c MH Lg

### How the Plan Works:

#### Preventive Care

No Co-payment for approved Preventive Services. This benefit is not subject to the Employee Paid Gap.

#### A.) Health Reimbursement Account (HRA)

*100% Coverage for approved medical expenses up to the maximum account level.*

**HRA Points to Consider:** Available HRA funds will be applied first to any covered medical services you incur. During this phase, you may be required to pay all or a portion of the visit, which will be reimbursed to you upon CommunityCare's receipt of the claim from the physician. Unused HRA funds may be carried forward each year and accrued up to the account maximum listed below.

#### B.) Employee Paid Gap (EPG)

*A deductible amount for which each Member is responsible.*

#### **EPG Points to Consider:**

You will be responsible for a deductible amount also known as the Employee Paid Gap (EPG). HRA funds may not be used to satisfy the EPG amount. Only covered medical services will be credited toward the EPG.

#### C.) Standard Benefit Level

The "standard benefit level" begins once the HRA has been exhausted and the EPG has been satisfied. The standard benefit level includes standard HMO benefits, such as co-payments. Please refer to your schedule of benefits for the standard benefit level.

**Standard Benefit Level Points to Consider:** Once the EPG is satisfied, covered medical benefits will then be provided according to the attached schedule of benefits. For the remainder of the Calendar Year in question, members will only be responsible for the co-payments listed in their schedule of benefits until their Out of Pocket Limit has been reached. Once the Out of Pocket Limit has been satisfied, the Plan will then provide coverage at 100%.

	Per Individual	or Per Family
HRA Account Maximum Per Calendar Year	\$1,000	\$2,000
HRA Account Rollover Maximum	\$3,000	\$6,000
Employee Paid Gap (EPG) Amount Per Calendar Year	\$2,000	\$4,000
Out-of-Pocket Limit Per Calendar Year	\$6,000	\$12,000

## Physician Services

*(Additional Co-insurances/Co-payments may apply)*

Primary Care Office Visits	\$30 Co-payment per Visit *
Specialty Care Office Visits	\$50 Co-payment per Visit *
Preventive Care	No Co-payment

*(Please see Member Handbook for details)*

## Emergency Care and Urgent Care

*(Additional Co-insurances/Co-payments may apply)*

Hospital Emergency Room	\$150 Co-payment per Visit *
<i>(Co-payment waived if admitted inpatient)</i>	
Urgent Care Facility	\$50 Co-payment per Visit

## Inpatient Hospital Care

Room and Board	\$200 Co-payment per Day maximum of \$1,000 per Admission *
<i>(Including all other medically necessary services)</i>	

## Mental Health, Alcohol and Drug Services

Inpatient	\$200 Co-payment per Day maximum of \$1,000 per Admission *
Outpatient	\$30 Co-payment per Visit *

## Outpatient Surgery

Primary Care Office Visits	\$30 Co-payment per Visit *
Specialty Care Office Visits	\$50 Co-payment per Visit *
Outpatient Surgical Facility	\$100 Co-payment per Visit *

## Outpatient Diagnostic Services

*(Additional Co-insurances/Co-payments may apply, regardless of where outpatient services are rendered)*

Laboratory	No Co-payment *
Outpatient Radiology	\$25 Co-payment per Visit *
MRI, CT Scan and PET Scan	\$200 Co-payment per Visit *

## Rehabilitation Therapy

*(Up to 60 treatment days per disability per calendar year)*

Inpatient Rehabilitation	\$100 Co-payment per Day *
Outpatient Physical, Occupational and Speech Therapy	\$50 Co-payment per Visit *

\*You are responsible for this co-payment and if the EPG has not been completely satisfied, you are also responsible for payment of the balance of the services. These payments will count toward satisfying the EPG. As you get close to meeting the EPG requirement, a claim for services you receive could split between the remainder of the EPG and the co-payments for the beginning of the standard benefit level. If this occurs, you may be responsible for the co-payment required as part of the standard benefit level.

^See prescription drug benefit plan for additional information.

## Other Covered Services

(Quantity limits may apply)

Allergy Serum	50% Co-insurance *
Ambulance - Emergency Only	\$50 Co-payment *
Chiropractic Care	\$50 Co-payment per Visit *
Diabetic Supplies	20% Co-insurance
Durable Medical Equipment	20% Co-insurance *
Fertility Evaluation	50% Co-insurance *
General Anesthesia (during dental procedures as specified by state law)	No Co-insurance *
Hearing Aids	20% Co-insurance *
Home Health Services	20% Co-insurance *
Hospice Care	No Co-insurance
Immunosuppressives, Injectables (except immunizations) and Drugs administered in the physician's office	Non-Preferred Prescription Co-payment ^
(Except for specialty drugs within this category - see Specialty Drugs below)	
Infusion (Must be medically necessary and may be subject to prior authorization)	
Administered in a physician's office	Non-Preferred Prescription Co-payment ^
(Except for specialty drugs within this category - see Specialty Drugs below)	
Administered in an outpatient facility	No Co-payment *
Administered in a home setting	20% Co-insurance *
(Except for specialty drugs within this category - see Specialty Drugs below)	
Organ Transplants	No Co-insurance *
Orthotics and Prosthetics	20% Co-insurance *
Ostomy and Urologic Supplies	20% Co-insurance
Prescription Drug Benefit	See Outpatient Prescription Drug Benefit
Radiation Therapy	No Co-payment *
Skilled Nursing Facility Care	\$25 Co-payment per Visit *
(Up to 60 treatment days per disability per calendar year)	
Specialty Drugs	Specialty Prescription Co-payment ^
(Must be medically necessary and may be subject to prior authorization)	
All Other Covered Services	No Co-payment *

## Comments

- Pro-rating the HRA account will apply as follows: If a member is initially enrolled in the medical plan with an effective date of January 1 through June 30, he or she will receive the full HRA account amount. If a member is initially enrolled in the medical plan with an effective date of July 1 through December 31, he or she will receive half of the HRA account amount.
- EPG must be satisfied before standard benefit levels begin.
- Co-payments do not apply toward the EPG.
- Prescription drugs and non-covered items do not apply to the HRA or EPG.

\*You are responsible for this co-payment and if the EPG has not been completely satisfied, you are also responsible for payment of the balance of the services. These payments will count toward satisfying the EPG. As you get close to meeting the EPG requirement, a claim for services you receive could split between the remainder of the EPG and the co-payments for the beginning of the standard benefit level. If this occurs, you may be responsible for the co-payment required as part of the standard benefit level.

^See prescription drug benefit plan for additional information.



- Expenses incurred during the last three months of the calendar year and applied to the current year's EPG amount may be used to help meet the EPG requirement of the next year.
- Any number of members of the family may combine individual EPGs to satisfy the family EPG requirements. Each individual within the family may not contribute more than the individual EPG amount.
- A calendar year is defined as the time period from January 1 - December 31.

## **Urgent and Emergency Care**

It is important that you follow-up with your PCP within 48 hours of any Urgent or Emergent Care Services. This will allow your PCP to direct or coordinate all of your follow-up care. Follow-up care that is not arranged by your PCP may not be covered. Your PCP is available 24 hours a day, seven days a week.

**For a list of Exclusions and Limitations, please see your Member Handbook.**

*THIS IS NOT A CONTRACT. This summary does not contain a complete listing of conditions which apply to the benefits shown. It is intended only as a source of general information and is subject to the terms of the Group Health Care Services Agreement. See your Member Handbook for additional information regarding exclusions and limitations.*

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\*You are responsible for this co-payment and if the EPG has not been completely satisfied, you are also responsible for payment of the balance of the services. These payments will count toward satisfying the EPG. As you get close to meeting the EPG requirement, a claim for services you receive could split between the remainder of the EPG and the co-payments for the beginning of the standard benefit level. If this occurs, you may be responsible for the co-payment required as part of the standard benefit level.

^See prescription drug benefit plan for additional information.

## Combined Pharmacy and Medical Calendar Year Out-of-Pocket Max \$6,000 Per Individual \$12,000 Per Family Per Calendar Year

### Member Responsibility

Please note that Quantity Limits or Prior Authorization may apply.

Refer to your prescription drug formulary guide for additional information.

If the cost of the prescription is less than the applicable Co-payment, you will only be charged the cost of the prescription.

Brand/Generic Difference Program: If you receive a brand name drug when an equivalent generic drug is available, you will be responsible for the difference between the cost of the brand name drug and the allowed amount of the generic drug equivalent. This amount is in addition to any Deductible, Co-payment and/or Co-insurance amount set forth in this Schedule of Benefits. Only the Deductible, Co-payment and/or Co-insurance will apply to the Out-of-Pocket Limit.

	Preferred	Non-Preferred
<b>Retail Pharmacy</b>		
Up to a 30-day supply for each prescription. (Refer to your prescription drug formulary guide.) A 90 day supply is available for maintenance drugs. A select list of prescription drugs may be eligible for the tablet-splitting program.		
Tier 1 - Preferred Generic Drugs	\$15	\$20
Tier 2 - Preferred Brand Drugs	\$60	\$70
Tier 3 - Non-Preferred Brand or Generic Drugs	\$95	\$115
Diabetic, Ostomy, and Urologic Supplies	20%	20%

### Mail Order Pharmacy

Up to a 90-day supply for each prescription.

Certain prescriptions, including specialty pharmacy drugs, are not eligible for mail order Co-payments.

Refer to your prescription drug formulary guide for additional information.

Tier 1 - Preferred Generic Drugs	\$30
Tier 2 - Preferred Brand Drugs	\$120
Tier 3 - Non-Preferred Brand or Generic Drugs	\$190
Diabetic, Ostomy, and Urologic Supplies	20%

### Specialty Pharmacy

Up to a 30-day supply for each prescription.

Refer to your formulary guide for a list of medications covered under the Specialty Pharmacy Program.

Specialty Pharmacy Drugs can be obtained from a contracted Specialty Pharmacy Provider.

Tier 4 - Specialty Pharmacy Drugs	\$160	\$200
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### Covered Drugs and Devices

- Compound Drugs - at least one ingredient must be a legend drug
- Drugs used for chemical dependency/alcohol treatment
- Immunizations (no Co-payment, Deductible or Co-insurance applies to childhood immunizations from birth-age 21)
- Immunosuppressive Drugs
- Injectable/Infused Drugs, including insulin, epinephrine and glucagons
- Legend Drugs - drugs that require a prescription under federal/state law
- Smoking Cessation Drugs

### Excluded Drugs and Devices

- Anti-fungal Drugs used for nail fungus
- Contraceptive implants, IUDs, diaphragms, contraceptive devices, contraceptive kits, emergency contraception
- Diabetic supplies other than Bayer or Roche products
- Convenience or unit dose packaging
- Drugs obtained at a non-contracted pharmacy
- Drugs and their equivalents that may be purchased without a prescription
- Drugs that are not listed on CommunityCare's prescription drug formulary; non-formulary drugs
- Drugs used for cosmetic purposes or hair growth
- Drugs used for weight management, including anorexians and body building drugs
- Feiba
- Fertility Drugs
- Human Growth Hormones and other drugs used to stimulate growth
- Investigational/Experimental Drugs or used for non-FDA approved indications, including new drug therapies that have not been added to CommunityCare's prescription drug formulary
- Lost, damaged or stolen prescriptions
- NovoSeven
- Oral Antihistamines and Antihistamine/Decongestant Combinations
- Prescriptions reimbursable under Workers' Compensation or any other government program, or with respect to which the member has no obligation to pay in the absence of insurance

Please consult your pharmacy directory for a list of participating pharmacies in Oklahoma. To find a participating pharmacy outside the state of Oklahoma, please call (800) 774-2677 or visit [www.ccok.com](http://www.ccok.com). For all other questions, please call CommunityCare at (877) 293-8628.

# NOTICE FOR HMO PLAN MEMBERS

If you are not a permanent resident of the State of Oklahoma, please consult with your Employer or CommunityCare Representative.

## NOTES

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## IDEA Plus 2B MH Lg

### Medical Calendar Year Deductible

Per Individual	\$1,000
Per Family	\$2,000

### Combined Medical and Pharmacy Out-of-Pocket Limit Per Calendar Year

Per Individual	\$3,000
Per Family	\$6,000

### Physician Services

*(Additional Co-insurances/Co-payments may apply)*

Primary Care Office Visits	\$30 Co-payment per Visit
Specialty Care Office Visits	\$50 Co-payment per Visit
Preventive Care	No Co-payment

*(Please see Member Handbook for details)*

### Emergency Care and Urgent Care

*(Additional Co-insurances/Co-payments may apply, regardless of where outpatient services are rendered)*

Hospital Emergency Room	\$100 Co-payment per Visit *
<i>(Co-payment waived if admitted inpatient)</i>	
Urgent Care Facility	\$50 Co-payment per Visit

### Inpatient Hospital Care

Room and Board	\$200 Co-payment per Day maximum of \$1,000 per Admission *
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*(Including all other medically necessary services)*

\*After Deductible, the Co-insurance/Co-payment will apply.

^See prescription drug benefit plan for additional information.

## Mental Health, Alcohol and Drug Services

Inpatient	\$200 Co-payment per Day maximum of \$1,000 per Admission *
Outpatient	\$30 Co-payment per Visit

## Outpatient Surgery

Primary Care Office Visits	\$30 Co-payment per Visit
Specialty Care Office Visits	\$50 Co-payment per Visit
Outpatient Surgical Facility	\$150 Co-payment per Visit *

## Outpatient Diagnostic Services

*(Additional Co-insurances/Co-payments may apply, regardless of where outpatient services are rendered)*

Laboratory	No Co-payment
Outpatient Radiology	No Co-payment
MRI, CT Scan and PET Scan	\$150 Co-payment per Visit *

## Rehabilitation Therapy

*(Up to 60 treatment days per disability per calendar year)*

Inpatient Rehabilitation	\$150 Co-payment per Day *
Outpatient Physical, Occupational and Speech Therapy	\$30 Co-payment per Visit *

## Other Covered Services

*(Quantity limits may apply)*

Allergy Serum	20% Co-insurance *
Ambulance - Emergency Only	\$50 Co-payment *
Chiropractic Care	\$50 Co-payment per Visit
Diabetic Supplies	20% Co-insurance
Durable Medical Equipment	20% Co-insurance *
Fertility Evaluation	50% Co-insurance *
General Anesthesia (during dental procedures as specified by state law)	No Co-insurance *

\*After Deductible, the Co-insurance/Co-payment will apply.

^See prescription drug benefit plan for additional information.



Hearing Aids	20% Co-insurance *
Home Health Services	20% Co-insurance *
Hospice Care	No Co-insurance
Immunosuppressives, Injectables (except immunizations) and Drugs administered in the physician's office <i>(Except for specialty drugs within this category - see Specialty Drugs below)</i>	Non-Preferred Prescription Co-payment ^
Infusion (Must be medically necessary and may be subject to prior authorization) Administered in a physician's office <i>(Except for specialty drugs within this category - see Specialty Drugs below)</i>	Non-Preferred Prescription Co-payment ^
Administered in an outpatient facility	No Co-insurance *
Administered in a home setting <i>(Except for specialty drugs within this category - see Specialty Drugs below)</i>	20% Co-insurance *
Organ Transplants	No Co-insurance *
Orthotics and Prosthetics	20% Co-insurance *
Ostomy and Urologic Supplies	20% Co-insurance
Prescription Drug Benefit	See Outpatient Prescription Drug Benefit
Skilled Nursing Facility Care <i>(Up to 60 treatment days per disability per calendar year)</i>	\$25 Co-payment per Visit *
Specialty Drugs <i>(Must be medically necessary and may be subject to prior authorization)</i>	Specialty Prescription Co-payment ^
All Other Covered Services	No Co-insurance *

\*After Deductible, the Co-insurance/Co-payment will apply.

^See prescription drug benefit plan for additional information.

## **Comments**

- Deductible must be satisfied before Co-insurance/Co-payment begins.
- Co-payments do not apply toward the deductible.
- Prescription drugs and non-covered items do not apply toward the medical calendar year deductible.
- Expenses incurred during the last three months of the calendar year and applied to the current year's deductible may be used to help meet the deductible requirement of the next year.
- Any number of members of the family may combine individual medical deductibles to satisfy the family medical deductible requirement.
- All covered out-of-pocket expenses are applied toward your out-of-pocket limit.
- A calendar year is defined as the time period from January 1 - December 31.

## **Urgent and Emergency Care**

It is important that you follow-up with your PCP within 48 hours of any Urgent or Emergent Care Services. This will allow your PCP to direct or coordinate all of your follow-up care. Follow-up care that is not arranged by your PCP may not be covered. Your PCP is available 24 hours a day, seven days a week.

**For a list of Exclusions and Limitations, please see your Member Handbook.**

*THIS IS NOT A CONTRACT. This summary does not contain a complete listing of conditions which apply to the benefits shown. It is intended only as a source of general information and is subject to the terms of the Group Health Care Services Agreement. See your Member Handbook for additional information regarding exclusions and limitations.*

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\*After Deductible, the Co-insurance/Co-payment will apply.

^See prescription drug benefit plan for additional information.

## Combined Pharmacy and Medical Calendar Year Out-of-Pocket Max \$3,000 Per Individual \$6,000 Per Family Per Calendar Year

### Member Responsibility

Please note that Quantity Limits or Prior Authorization may apply.

Refer to your prescription drug formulary guide for additional information.

If the cost of the prescription is less than the applicable Co-payment, you will only be charged the cost of the prescription.

Brand/Generic Difference Program: If you receive a brand name drug when an equivalent generic drug is available, you will be responsible for the difference between the cost of the brand name drug and the allowed amount of the generic drug equivalent. This amount is in addition to any Deductible, Co-payment and/or Co-insurance amount set forth in this Schedule of Benefits. Only the Deductible, Co-payment and/or Co-insurance will apply to the Out-of-Pocket Limit.

	Preferred	Non-Preferred
<b>Retail Pharmacy</b>		
Up to a 30-day supply for each prescription. (Refer to your prescription drug formulary guide.) A 90 day supply is available for maintenance drugs. A select list of prescription drugs may be eligible for the tablet-splitting program.		
Tier 1 - Preferred Generic Drugs	\$15	\$20
Tier 2 - Preferred Brand Drugs	\$60	\$70
Tier 3 - Non-Preferred Brand or Generic Drugs	\$95	\$115
Diabetic, Ostomy, and Urologic Supplies	20%	20%

### Mail Order Pharmacy

Up to a 90-day supply for each prescription.

Certain prescriptions, including specialty pharmacy drugs, are not eligible for mail order Co-payments.

Refer to your prescription drug formulary guide for additional information.

Tier 1 - Preferred Generic Drugs	\$30
Tier 2 - Preferred Brand Drugs	\$120
Tier 3 - Non-Preferred Brand or Generic Drugs	\$190
Diabetic, Ostomy, and Urologic Supplies	20%

### Specialty Pharmacy

Up to a 30-day supply for each prescription.

Refer to your formulary guide for a list of medications covered under the Specialty Pharmacy Program.

Specialty Pharmacy Drugs can be obtained from a contracted Specialty Pharmacy Provider.

Tier 4 - Specialty Pharmacy Drugs	\$160	\$200
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### Covered Drugs and Devices

- Compound Drugs - at least one ingredient must be a legend drug
- Drugs used for chemical dependency/alcohol treatment
- Immunizations (no Co-payment, Deductible or Co-insurance applies to childhood immunizations from birth-age 21)
- Immunosuppressive Drugs
- Injectable/Infused Drugs, including insulin, epinephrine and glucagons
- Legend Drugs - drugs that require a prescription under federal/state law
- Smoking Cessation Drugs

### Excluded Drugs and Devices

- Anti-fungal Drugs used for nail fungus
- Contraceptive implants, IUDs, diaphragms, contraceptive devices, contraceptive kits, emergency contraception
- Diabetic supplies other than Bayer or Roche products
- Convenience or unit dose packaging
- Drugs obtained at a non-contracted pharmacy
- Drugs and their equivalents that may be purchased without a prescription
- Drugs that are not listed on CommunityCare's prescription drug formulary; non-formulary drugs
- Drugs used for cosmetic purposes or hair growth
- Drugs used for weight management, including anorexians and body building drugs
- Feiba
- Fertility Drugs
- Human Growth Hormones and other drugs used to stimulate growth
- Investigational/Experimental Drugs or used for non-FDA approved indications, including new drug therapies that have not been added to CommunityCare's prescription drug formulary
- Lost, damaged or stolen prescriptions
- NovoSeven
- Oral Antihistamines and Antihistamine/Decongestant Combinations
- Prescriptions reimbursable under Workers' Compensation or any other government program, or with respect to which the member has no obligation to pay in the absence of insurance

Please consult your pharmacy directory for a list of participating pharmacies in Oklahoma. To find a participating pharmacy outside the state of Oklahoma, please call (800) 774-2677 or visit [www.ccok.com](http://www.ccok.com). For all other questions, please call CommunityCare at (877) 293-8628.

# Questions You May Have About

## CommunityCare™

### How do I choose a Primary Care Physician (PCP)?

When you enroll in CommunityCare, you choose a PCP from CommunityCare's provider directory. Your PCP will manage and coordinate your health care needs. You may choose a different PCP/network for each covered family member. Your health care will be arranged within the network you choose, which includes your PCP, specialists, obstetrician/gynecologist, hospital and mental health providers.

You may change your PCP selection throughout the year. Please call our Member Services department for information regarding PCP changes.

### What about specialists?

Contracted specialists are listed separately in the provider directory. CommunityCare members may set up an appointment with most physicians in their network without a referral by their PCP.



### What about emergency care?

If an emergency threatens life or limb, go immediately to the nearest emergency room. If you receive out-of-network emergency care services, you may wish to contact your PCP to coordinate your care.

### What about urgent care?

You might need urgent care if your illness or injury is severe enough to need treatment within 24 hours. If you receive out-of-network urgent care services, you may wish to contact your PCP to coordinate your care.

### What about preventive care?

Preventive care services, including an annual physical, an annual well woman exam and an annual vision screening, are covered benefits. The 24-hour nurse and health information line is also available and is free to every member.

### What if I have questions?

If you have further questions or need help selecting a doctor, call CommunityCare Member Services at (918) 594-5242 in Tulsa or (800) 777-4890 statewide, or visit our website at [www.ccok.com](http://www.ccok.com).

# NOTES

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## PPO Plan 6A MH Lg

	<u>In-Network</u>	<u>Out-of-Network</u>
<b><u>Medical Calendar Year Deductible</u></b>		
Per Individual	\$1,000	\$2,000
Per Family	\$2,000	\$4,000
<b><u>Combined Medical and Pharmacy Out-of-Pocket Limit Per Calendar Year</u></b>		
Per Individual	\$3,500	Unlimited
Per Family	\$7,000	Unlimited
<b>Physician Services</b>		
<i>(Additional Co-insurances/Co-payments may apply)</i>		
Primary Care Office Visits	\$30 Co-payment per Visit	40% Co-insurance *
Specialty Care Office Visits	\$50 Co-payment per Visit	40% Co-insurance *
Preventive Care	No Co-payment	30% Co-insurance *
<i>(Please see your Certificate for details)</i>		
<b>Emergency Care and Urgent Care</b>		
<i>(Additional Co-insurances/Co-payments may apply)</i>		
Hospital Emergency Room	\$50 Co-payment per Visit	\$50 Co-payment per Visit
<i>(Co-payment waived if admitted inpatient) (Benefits will be reduced by 50% if care is not deemed to be a medical emergency)</i>		
Urgent Care Facility	\$50 Co-payment per Visit	40% Co-insurance *
<b>Inpatient Hospital Care</b>		
Room and Board	\$250 Co-payment per Admission then 20% Co-insurance *	\$250 Co-payment per Admission then 40% Co-insurance *
<i>(Requires pre-certification, except maternity)</i>		
<i>(Including all other medically necessary services)</i>		

\*After Deductible, the Co-insurance/Co-payment will apply.

^See prescription drug benefit plan for additional information.

## Mental Health, Alcohol and Drug Services

Inpatient	\$250 Co-payment per Admission then 20% Co-insurance *	\$250 Co-payment per Admission then 40% Co-insurance *
<i>(Inpatient requires pre-certification)</i>		
Outpatient	\$30 Co-payment per Visit	40% Co-insurance *

## Outpatient Surgery

Primary Care Office Visits	\$30 Co-payment per Visit	40% Co-insurance *
Specialty Care Office Visits	\$50 Co-payment per Visit	40% Co-insurance *
Outpatient Surgical Facility	\$250 Co-payment per Admission then 20% Co-insurance *	\$250 Co-payment per Admission then 40% Co-insurance *
<i>(Requires pre-certification)</i>		

## Outpatient Diagnostic Services

*(Additional Co-insurances/Co-payments may apply, regardless of where outpatient services are rendered)*

Laboratory	No Co-payment	30% Co-insurance *
Outpatient Radiology	No Co-payment	30% Co-insurance *
MRI, CT Scan and PET Scan	20% Co-insurance *	40% Co-insurance *
<i>(Requires pre-certification)</i>		

## Rehabilitation Therapy

*(Up to 60 treatment days per disability per calendar year)*

Inpatient Rehabilitation	20% Co-insurance *	40% Co-insurance *
<i>(Inpatient requires pre-certification)</i>		
Outpatient Physical, Occupational and Speech Therapy	20% Co-insurance *	40% Co-insurance *

## Other Covered Services

*(Quantity limits may apply)*

Allergy Serum	20% Co-insurance *	40% Co-insurance *
Ambulance	20% Co-insurance *	20% Co-insurance *
<i>(Emergency only)</i>		
Chiropractic Care	20% Co-insurance *	40% Co-insurance *

\*After Deductible, the Co-insurance/Co-payment will apply.

^See prescription drug benefit plan for additional information.

Diabetic Supplies	20% Co-insurance	50% Co-insurance
<i>(Insulin pumps, including related supplies, and continuous glucose monitors, require pre-certification)</i>		
Durable Medical Equipment	20% Co-insurance *	40% Co-insurance *
Fertility Evaluation	50% Co-insurance *	50% Co-insurance *
General Anesthesia (during dental procedures as specified by state law)	No Co-insurance *	30% Co-insurance *
Hearing Aids	20% Co-insurance *	40% Co-insurance *
Home Health Services	20% Co-insurance *	40% Co-insurance *
<i>(Up to 60 treatment days per disability per calendar year)</i>		
Hospice Care	No Co-insurance	30% Co-insurance
<i>(Inpatient requires pre-certification)</i>		
Immunosuppressives, Injectables (except immunizations) and Drugs administered in the physician's office	Non-Preferred Prescription Co-payment ^	40% Co-insurance *
<i>(Except for specialty drugs within this category - see Specialty Drugs below)</i>		
Infusion (Must be medically necessary and may be subject to prior authorization)		
Administered in a physician's office	Non-Preferred Prescription Co-payment ^	40% Co-insurance *
<i>(Except for specialty drugs within this category - see Specialty Drugs below)</i>		
Administered in an outpatient facility	20% Co-insurance *	40% Co-insurance *
Administered in a home setting	20% Co-insurance *	40% Co-insurance *
<i>(Except for specialty drugs within this category - see Specialty Drugs below)</i>		
Organ Transplants	20% Co-insurance *	40% Co-insurance *
<i>(Inpatient requires pre-certification)</i>		
Orthotics and Prosthetics	20% Co-insurance *	40% Co-insurance *
Ostomy and Urologic Supplies	20% Co-insurance *	40% Co-insurance *
Prescription Drug Benefit	See Outpatient Prescription Drug Benefit	Not Covered
Radiation Therapy	20% Co-insurance *	40% Co-insurance *
Skilled Nursing Facility Care	20% Co-insurance *	40% Co-insurance *
<i>(Up to 60 treatment days per disability per calendar year)</i>		
<i>(Inpatient requires pre-certification)</i>		

\*After Deductible, the Co-insurance/Co-payment will apply.

^See prescription drug benefit plan for additional information.

Specialty Drugs	Specialty Prescription Co-payment ^	40% Co-insurance *
<i>(Must be medically necessary and may be subject to prior authorization)</i>		
All Other Covered Services	20% Co-insurance *	40% Co-insurance *

## **Comments**

- Deductible amounts and out-of-pocket limitations are separate for in-network provider and out-of-network provider benefits.
- Your medical coverage includes one or more features to help control medical costs. Some features will affect the amount of benefits payable. See the special provisions section of your Certificate for further explanation.
- All services will be reviewed for medical necessity. If services are determined not to be medically necessary, coverage will be denied.
- There will be a reduction of 25% (up to a maximum of \$1,000 per occurrence) for failing to receive pre-certification for those services that require it. These penalty amounts will not apply to the out-of-pocket limitations.
- In-network benefits are available for transplant services rendered at one of CommunityCare's in-network transplant facilities. Please contact (800) 544-8922 for a directory of in-network providers. Out-of-network benefits are available for transplant services; however, all transplants require pre-certification. For meals, lodging and transportation benefit information, please refer to your Certificate.
- Any number of members of the family may combine individual medical deductibles to satisfy the family medical deductible requirement.
- A calendar year is defined as the time period from January 1 - December 31.
- Out-of-network providers have the right to balance bill regardless of the level of the benefits payable.
- Expenses incurred during the last three months of the calendar year and applied to the current year's deductible may be used to help meet the deductible requirement of the next year.

## **Out-of-Network Requirements**

- All out-of-network provider calculations are based on the out-of-network fee schedule as described in your Certificate. The enrollee is also responsible for any amount charged by a provider in excess of the out-of-network fee schedule.
- "Balance Billed Amounts" do not apply to out-of-pocket limitation.

## **Urgent and Emergency Care**

If you have an emergency that is considered life or limb threatening, go to the nearest hospital or emergency room.

**For a list of Exclusions and Limitations, please see your Certificate.**

*THIS IS NOT A CONTRACT. It is intended only as a source of general information and is subject to the terms of your Certificate.*

\*After Deductible, the Co-insurance/Co-payment will apply.

^See prescription drug benefit plan for additional information.

## Combined Pharmacy and Medical Calendar Year Out-of-Pocket Max \$3,500 Per Individual \$7,000 Per Family Per Calendar Year

### Member Responsibility

Please note that Quantity Limits or Prior Authorization may apply.

Refer to your prescription drug formulary guide for additional information.

If the cost of the prescription is less than the applicable Co-payment, you will only be charged the cost of the prescription.

Brand/Generic Difference Program: If you receive a brand name drug when an equivalent generic drug is available, you will be responsible for the difference between the cost of the brand name drug and the allowed amount of the generic drug equivalent. This amount is in addition to any Deductible, Co-payment and/or Co-insurance amount set forth in this Schedule of Benefits. Only the Deductible, Co-payment and/or Co-insurance will apply to the Out-of-Pocket Limit.

	Preferred	Non-Preferred
<b>Retail Pharmacy</b>		
Up to a 30-day supply for each prescription. (Refer to your prescription drug formulary guide.) A 90 day supply is available for maintenance drugs. A select list of prescription drugs may be eligible for the tablet-splitting program.		
Tier 1 - Preferred Generic Drugs	\$15	\$20
Tier 2 - Preferred Brand Drugs	\$40	\$50
Tier 3 - Non-Preferred Brand or Generic Drugs	\$70	\$90
Diabetic, Ostomy, and Urologic Supplies	20%	20%

### Mail Order Pharmacy

Up to a 90-day supply for each prescription.

Certain prescriptions, including specialty pharmacy drugs, are not eligible for mail order Co-payments.

Refer to your prescription drug formulary guide for additional information.

Tier 1 - Preferred Generic Drugs	\$30
Tier 2 - Preferred Brand Drugs	\$80
Tier 3 - Non-Preferred Brand or Generic Drugs	\$140
Diabetic, Ostomy, and Urologic Supplies	20%

### Specialty Pharmacy

Up to a 30-day supply for each prescription.

Refer to your formulary guide for a list of medications covered under the Specialty Pharmacy Program.

Specialty Pharmacy Drugs can be obtained from a contracted Specialty Pharmacy Provider.

Tier 4 - Specialty Pharmacy Drugs	\$160	\$200
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### Covered Drugs and Devices

- Compound Drugs - at least one ingredient must be a legend drug
- Drugs used for chemical dependency/alcohol treatment
- Immunizations (no Co-payment, Deductible or Co-insurance applies to childhood immunizations from birth-age 21)
- Immunosuppressive Drugs
- Injectable/Infused Drugs, including insulin, epinephrine and glucagons
- Legend Drugs - drugs that require a prescription under federal/state law
- Smoking Cessation Drugs

### Excluded Drugs and Devices

- Anti-fungal Drugs used for nail fungus
- Contraceptive implants, IUDs, diaphragms, contraceptive devices, contraceptive kits, emergency contraception
- Diabetic supplies other than Bayer or Roche products
- Convenience or unit dose packaging
- Drugs obtained at a non-contracted pharmacy
- Drugs and their equivalents that may be purchased without a prescription
- Drugs that are not listed on CommunityCare's prescription drug formulary; non-formulary drugs
- Drugs used for cosmetic purposes or hair growth
- Drugs used for weight management, including anorexians and body building drugs
- Feiba
- Fertility Drugs
- Human Growth Hormones and other drugs used to stimulate growth
- Investigational/Experimental Drugs or used for non-FDA approved indications, including new drug therapies that have not been added to CommunityCare's prescription drug formulary
- Lost, damaged or stolen prescriptions
- NovoSeven
- Oral Antihistamines and Antihistamine/Decongestant Combinations
- Prescriptions reimbursable under Workers' Compensation or any other government program, or with respect to which the member has no obligation to pay in the absence of insurance

Please consult your pharmacy directory for a list of participating pharmacies in Oklahoma. To find a participating pharmacy outside the state of Oklahoma, please call (800) 774-2677 or visit [www.ccok.com](http://www.ccok.com). For all other questions, please call CommunityCare at (877) 293-8628.





## Mail Order Prescription Drug Program

### Receive a 90-day supply for two copays

Interested in receiving your maintenance medications through the mail instead of going to the pharmacy? CommunityCare is pleased to provide a convenient way to order your maintenance medications and have them delivered to you.

Maintenance medications are those taken on a regular or long-term basis, often for chronic conditions such as diabetes, arthritis and heart disease. For just two copays, you will receive a 90-day supply of your maintenance medication.

#### Mail Order Prescription Drug Program Benefits

- ✓ Convenient
- ✓ No waiting in lines at the pharmacy – saves time
- ✓ Greater confidentiality
- ✓ Delivery to your home, office or other location
- ✓ Pharmacists readily available to answer your questions
- ✓ Prescription transfers upon request
- ✓ Ordering is easy – especially refills
- ✓ Orders are processed quickly
- ✓ Your doctor will automatically be contacted if you order expired prescriptions or run out of refills

#### Ordering is Easy

CommunityCare offers two choices for the mail order prescription drug program. To participate in the mail order prescription drug program, simply complete and mail the order form attached to the mail service prescription program brochure. You will need to enclose your original prescription or transfer information and the copay for each prescription ordered. If you need a brochure, please call our pharmacy help desk at 1-877-293-8628.

You may also register for the program on the Internet. Visit **[www.ccok.com](http://www.ccok.com)** to link to the mail order prescription drug program online.

#### Ordering Refills

There are several ways to order refills:

- ✓ Phone
- ✓ Fax
- ✓ Internet
- ✓ Mail



#### Questions?

If you have questions about the program or your prescription drug benefit, please call the pharmacy help desk at 1-877-293-8628.

*Please note: 1.) Exclusions and limitations apply. 2.) Controlled substances and acute medications are not available via mail order.*

**The CommunityCare formulary is online at [www.ccok.com](http://www.ccok.com).**



## Understanding Your Prescription Drug Program Benefits

### Your prescription drug benefit

- A prescription drug program with a range of choices while continuing to help control costs
- Program is set up to help you get the appropriate prescription for any medical condition that's covered under your plan

### What is a formulary?

- A formulary is a list of preferred drugs
- The formulary meets our standards for safety, effectiveness and affordability
- The formulary is extensive and includes more than 1,500 generic and brand name drugs

### Who reviews drugs for the formulary?

- Formulary drugs are constantly monitored and reviewed by our Pharmacy and Therapeutics Committee
- The Pharmacy and Therapeutics Committee is made up of physicians, pharmacists and other health care professionals

### Need a copy of the formulary?

- Receive a copy of CommunityCare's formulary by calling CommunityCare's Pharmacy Help Desk at (877) 293-8628
- You may also access the formulary online at [www.ccok.com](http://www.ccok.com)

### Understanding brand and generic drugs

- In most cases, you can choose a generic equivalent of a brand name drug
- The term "generic" does not mean it's less effective or poor quality

- The chemical makeup of generic drugs is identical to their brand name equivalents

- Both generic and brand name drugs must meet the same strict Food and Drug Administration standards

- Generic drugs generally cost less because the price does not reflect development and advertising costs

- CommunityCare encourages the use of generic drugs as a safe, effective way to help control health care costs

- To receive the greatest value from your plan, always ask your doctor or pharmacist for a generic when you receive a prescription

- Check for generic availability because if you or your doctor request a brand name drug when its generic equivalent is available, you will pay an additional cost

### A prescription drug program that emphasizes quality, choice and value

- The prescription drug program identifies four categories or types of prescription drugs
- Each category has a corresponding copayment level
- Your prescription drug plan includes a description of each category
- These benefits only apply if you use a participating CommunityCare network pharmacy
- You can verify if your pharmacy participates in the CommunityCare pharmacy network by calling the Pharmacy Help Desk at (877) 293-8628, or use the searchable pharmacy directory online at [www.ccok.com](http://www.ccok.com)

# CommunityCare's \$0 Copay Program

## Commercial Plans

### For Select Formulary Generic Drugs

CommunityCare continually searches for ways to help members save money on prescription drugs while improving health outcomes. CommunityCare has a voluntary program developed to lower out-of-pocket costs for certain prescription drugs and promote compliance with prescribed drug therapy. Essentially, this program reduces the copayment for **select formulary generic drugs** to \$0! Prescriptions filled at a preferred pharmacy\* (retail or mail order) for any of the generic drugs listed below will be filled for a \$0 copay.

### \$0 Copay Generic Drug List

**Please note:** Only the select generic drugs listed in the first column qualify for a \$0 copay.

Select Generic Drugs	Brand Name Drugs	
	Equivalent Brand <i>Note: To take one of the \$0 copay select generic drugs instead of one of the equivalent brand name drugs below, simply request the change at the pharmacy (a new prescription is not needed).</i>	Other Brands <i>Note: To take one of the \$0 copay select generic drugs instead of one of the brand name drugs below, you will need a doctor's prescription for the select generic drug.</i>
Antidepressants		
Fluoxetine	Prozac	Lexapro (escitalopram), Paxil CR(paroxetine ER)
Paroxetine	Paxil	
Sertraline	Zoloft	
Citalopram	Celexa	
Bupropion, Bupropion SR	Wellbutrin, Wellbutrin SR	Wellbutrin XL (budeprion XL), Effexor (venlafaxine), Effexor XR (venlafaxine ER)
Mirtazepine	Remeron	
Anticholesterol Agents		
Lovastatin	Mevacor	Advicor, Altoprev, Crestor, Lescol (fluvastatin), Lescol XL, Lipitor (atorvastatin), Zetia
Simvastatin	Zocor	
Pravastatin	Pravachol	
Blood Pressure Agents		
Benazepril/HCTZ	Lotensin, Lotensin HCT	Aceon, Accupril (quinapril), Accuretic (quinaretic), Altace (ramipril), Mavik (trandolapril), Monopril & Monopril HCT (fosinopril & fosinopril HCT), Univasc (moexipril), Uniretic (moexipril HCTZ), Atacand & Atacand HCT, Avapro (irbesartan), Avalide (irbesartan HCTZ), Benicar & Benicar HCT, Cozaar (losartan), Hyzaar (losartan), Diovan & Diovan HCT(valsartan HCTZ), Micardis & Micardis HCT, Teveten (eprosartan) & Teveten HCT, Procardia (nifedipine),verapamil, diltiazem, Norvasc (amlodipine)
Captopril, Captopril/HCTZ	Capoten, Capozide	
Lisinopril, Lisinopril/ HCTZ	Zestril/Zestoretic, Prinivil/Prinzide	
Enalapril, Enalapril/ HCTZ	Vasotec, Vaseretic	
Hydrochlorthiazide	Oretic	
Chlorthalidone	Hygroton	
Atenolol	Tenormin	
Metoprolol	Lopressor	
Anti-inflammatory Agents		
Diclofenac	Voltaren	Anaprox & Anaprox DS, Ansaid, Arthrotec (diclofenac/misoprostol), Celebrex, Daypro (oxaprozin), etodolac & etodolac CR, fenoprofen, flurbiprofen, ketoprofen, Mobic (meloxicam), Voltaren (diclofenac sodium), oxaprozin, Relafen (nabumetone), tolmetin
Indomethacin	Indocin	
Piroxicam	Feldene	
Sulindac	Clinoril	

If your prescription drug plan includes a deductible, the deductible must be satisfied **before** the \$0 copay applies.

\*CommunityCare's preferred pharmacies are Walgreens and Walmart. CommunityCare's preferred pharmacy program is included with some of our prescription drug plans. Please check your specific benefit descriptions to confirm if your drug program includes the preferred pharmacy benefit.

*Save on your normal monthly copay by splitting a higher strength tablet in half (of eligible medications) to reach the prescribed daily dose!*

## CommunityCare's Copoly Savings Program for Tablet Splitting

### Eligible Medication Dosage Guidelines

*Note: This program only applies to the medications listed below.*

<b>If your current daily dose is:</b>	<b>Your out-of-pocket cost will be reduced with a prescription for the higher strength tablet when the tablet is split in half. One copay will apply to a 60-day supply at retail.</b>
<b>Cholesterol-Lowering Drugs</b>	
Crestor® 5mg	Crestor® 10mg: ½ tablet daily
Crestor® 10mg	Crestor® 20mg: ½ tablet daily
Crestor® 20mg	Crestor® 40mg: ½ tablet daily
Lipitor® 10mg	Lipitor® 20mg: ½ tablet daily
Lipitor® 20mg	Lipitor® 40mg: ½ tablet daily
Lipitor® 40mg	Lipitor® 80mg: ½ tablet daily
Lovastatin/Mevacor® 10mg	Lovastatin/Mevacor® 20mg: ½ tablet daily
Lovastatin/Mevacor® 20mg	Lovastatin/Mevacor® 40mg: ½ tablet daily
Pravachol® 10mg	Pravachol® 20mg: ½ tablet daily
Pravachol® 20mg	Pravachol® 40mg: ½ tablet daily
Pravachol® 40mg	Pravachol® 80mg: ½ tablet daily
Zocor® 5mg	Zocor® 10mg: ½ tablet daily
Zocor® 10mg	Zocor® 20mg: ½ tablet daily
Zocor® 20mg	Zocor® 40mg: ½ tablet daily
Zocor® 40mg	Zocor® 80mg: ½ tablet daily
<b>Antidepressants</b>	
Citalopram/Celexa® 10mg	Citalopram/Celexa® 20mg: ½ tablet daily
Citalopram/Celexa® 20mg	Citalopram/Celexa® 40mg: ½ tablet daily
Effexor® 37.5mg	Effexor® 75mg: ½ tablet daily
Effexor® 50mg	Effexor® 100mg: ½ tablet daily
Fluoxetine 10mg TABLET	Fluoxetine 20mg: ½ tablet daily
Fluvoxamine 25mg	Fluvoxamine 50mg: ½ tablet daily
Fluvoxamine 50mg	Fluvoxamine 100mg: ½ tablet daily
Lexapro® 5mg	Lexapro® 10mg: ½ tablet daily
Lexapro® 10mg	Lexapro® 20mg: ½ tablet daily
Mirtazapine/Remeron® 15mg	Mirtazapine/Remeron® 30mg: ½ tablet daily
Paroxetine/Paxil® IR 10mg	Paroxetine/Paxil® IR 20mg: ½ tablet daily
Paroxetine/Paxil® IR 20mg	Paroxetine/Paxil® IR 40mg: ½ tablet daily
Zoloft® 25mg	Zoloft® 50mg: ½ tablet daily
Zoloft® 50mg	Zoloft® 100mg: ½ tablet daily

**Program Participation:** CommunityCare's Pharmacy and Therapeutics Committee has reviewed all medications eligible for this program to ensure that there is no change in clinical effectiveness when tablets are split. You will need to have a new prescription written for the higher strength tablets identified for splitting:

- **Retail prescriptions:** A quantity of 30 tablets will be prescribed, which will give you a 60-day supply for one copay.
- **Mail order prescriptions:** Mail order prescriptions are **NOT** eligible for this program.

Please call the pharmacy help desk at 877-293-8628, Monday-Friday, 8 a.m.-6 p.m., to request a free tablet splitter.

*Note: Members are under no obligation to participate in this voluntary program.*





## Multi-Language Interpreter Services – Taglines for Notices

Language	Translated Taglines
Spanish	Este Aviso contiene información importante. Este aviso contiene información importante acerca de su solicitud o cobertura a través de CommunityCare. Preste atención a las fechas clave que contiene este aviso. Es posible que deba tomar alguna medida antes de determinadas fechas para mantener su cobertura médica o ayuda con los costos. Usted tiene derecho a recibir esta información y ayuda en su idioma sin costo alguno. Llame al 1-800-777-4890.
Vietnamese	Thông báo này cung cấp thông tin quan trọng. Thông báo này có thông tin quan trọng bàn về đơn nộp hoặc hợp đồng bảo hiểm qua chương trình CommunityCare. Xin xem ngày then chốt trong thông báo này. Quý vị có thể phải thực hiện theo thông báo đúng trong thời hạn để duy trì bảo hiểm sức khỏe hoặc được trợ giúp thêm về chi phí. Quý vị có quyền được biết thông tin này và được trợ giúp bằng ngôn ngữ của mình miễn phí. Xin gọi số 1-800-777-4890.
Chinese	本通知有重要的訊息。本通知有關於您透過[插入 SBM 項目的名稱 CommunityCare 提交的申請或 保險的重要訊息。請留意本通知內的重要日期。您可能需要在截止日期之前採取行動，以保留您的健康保險 或者費用補貼。您有權利免費以您的母語得到本訊息和幫助。請撥電話 [在此插入數字1-800-777-4890]
Korean	본 통지서에는 중요한 정보가 들어 있습니다. 즉 이 통지서는 귀하의 신청에 관하여 그리고 CommunityCare 을 통한 커버리지 에 관한 정보를 포함하고 있습니다. 본 통지서에서 핵심이 되는 날짜들을 찾으십시오. 귀하는 귀하의 건강 커버리지를 계속 유지하거나 비용을 절감하기 위해서 일정한 마감일까지 조치를 취해야 할 필요가 있을 수 있습니다. 귀하는 이러한 정보와 도움을 귀하의 언어로 비용 부담없이 얻을 수 있는 권리가 있습니다. 1-800-777-4890로 전화하십시오.
German	Diese Benachrichtigung enthält wichtige Informationen. Diese Benachrichtigung enthält wichtige Informationen bezüglich Ihres Antrags auf Krankenversicherungsschutz durch CommunityCare. Suchen Sie nach wichtigen Terminen in dieser Benachrichtigung. Sie könnten bis zu bestimmten Stichtagen handeln müssen, um Ihren Krankenversicherungsschutz oder Hilfe mit den Kosten zu behalten. Sie haben das Recht, kostenlose Hilfe und Informationen in Ihrer Sprache zu erhalten. Rufen Sie an unter 1-800-777-4890.
Arabic	يحتوي هذا الإشعار معلومات هامة. يحتوي هذا الإشعار معلومات مهمة بخصوص طلبك للحصول على التغطية من خلال CommunityCare. يجب البحث عن التواريخ الهامة في هذا الإشعار. قد تحتاج لاتخاذ اجراء في تواريخ معينة للحفاظ على تغطيتك الصحية او للمساعدة في دفع التكاليف. لك الحق في الحصول على المعلومات والمساعدة بلغتك من دون أي تكلفة. اتصل بـ 1-800-777-4890
Burmese	ဤစာ၌ အရေးသားသော အချက်အလက်များ ပါဝင်ပါသည်။ ဤစာ၌ သင့်၏လုံခြုံရေးအတွက် သို့မဟုတ် CommunityCare ၏အသုံးပြုမှုအတွက် သင့်၏အခွင့်အရေးများ ပါဝင်ပါသည်။ အဓိကရက်စွဲများကို ဤစာ၌ရှာဖွေပါ။ သတိထားသော အချက်အလက်များကို မှတ်မိရန် ကနဦးအချက်အလက်များ သို့မဟုတ် စရိတ်ခံစားခြင်းဆိုင်ရာအချက်အလက်များကို သတိပြုပါ။ ဤစာ၌ပါရှိသော အချက်အလက်များကို ရရှိရန် ကူညီပေးရန်လိုအပ်သော အချက်အလက်များကို အကူအညီရယူပါ။ 1-800-777-4890။

## Multi-Language Interpreter Services – Taglines for Notices

Language	Translated Taglines
Hmong	<b>Tsab ntawv tshaj xo no muaj cov ntshiab lus tseem ceeb.</b> Tsab ntawv tshaj xo no muaj cov ntsiab lus tseem ceeb txog koj daim ntawv thov kev pab los yog koj qhov kev pab cuam los ntawm CommunityCare. Saib cov caij nyoog los yog tej hnub tseem ceeb uas sau rau hauv daim ntawv no kom zoo. Tej zaum koj kuj yuav tau ua qee yam uas peb kom koj ua tsis pub dhau cov caij nyoog uas teev tseg rau hauv daim ntawv no mas koj thiaj yuav tau txais kev pab cuam kho mob los yog kev pab them tej nqi kho mob ntawd. Koj muaj cai kom lawv muab cov ntshiab lus no uas tau muab sau ua koj hom lus pub dawb rau koj. Hu rau 1-800-777-4890.
Tagalog	Ang Paunawa na ito ay naglalaman ng mahalagang impormasyon. Ang paunawa na ito ay naglalaman ng mahalagang impormasyon tungkol sa iyong aplikasyon o pagsakop sa pamamagitan ng CommunityCare. Tingnan ang mga mahalagang petsa dito sa paunawa. Maaring mangailangan ka na magsagawa ng hakbang sa ilang mga itinakdang panahon upang mapanatili ang iyong pagsakop sa kalusugan o tulong na walang gastos. May karapatan ka na makakuha ng ganitong impormasyon at tulong sa iyong wika ng walang gastos. Tumawag sa 1-800-777-4890.
French	Cet avis a d'importantes informations. Cet avis a d'importantes informations sur votre demande ou la couverture par l'intermédiaire de CommunityCare. Rechercher les dates clés dans le présent avis. Vous devrez peut-être prendre des mesures par certains délais pour maintenir votre couverture de santé ou d'aide avec les coûts. Vous avez le droit d'obtenir cette information et de l'aide dans votre langue à aucun coût. Appelez 1-800-777-4890.
Laotian	ການແຈ້ງການນີ້ມີຂໍ້ມູນສໍາຄັນ. ການແຈ້ງການນີ້ມີຂໍ້ມູນທີ່ສໍາຄັນກ່ຽວກັບຄໍາຮ້ອງສະໝັກຫຼືການຄຸ້ມຄອງຂອງທ່ານໂດຍຜ່ານ CommunityCare. ເບິ່ງສໍາລັບກຳນົດວັນທີ່ສໍາຄັນໃນແຈ້ງການນີ້. ທ່ານອາດຈະຕ້ອງໃຊ້ເວລາດຳເນີນການໂດຍກຳນົດເວລາທີ່ແນ່ນອນ ຈະຮັກສາການຄຸ້ມຄອງສະພາບຂອງທ່ານຫຼືການລ່ວຍເຫຼືອທີ່ມີຄ່າໃຊ້ຈ່າຍ. ທ່ານມີສິດທີ່ຈະໄດ້ຮັບຂໍ້ມູນຂ່າວສານນີ້ແລະການລ່ວຍເຫຼືອໃນພາສາຂອງທ່ານທີ່ບໍ່ມີຄ່າໃຊ້ຈ່າຍ. ໂທ 1-800-777-4890.
Thai	ประกาศนี้มีข้อมูลสำคัญ ประกาศนี้มีข้อมูลที่สำคัญเกี่ยวกับการการสมัครหรือขอรับเขตประกันสุขภาพของคุณผ่าน CommunityCare คุณอาจจะต้องดำเนินการภายในกำหนดระยะเวลาที่แน่นอนเพื่อขอรับการประกันสุขภาพของคุณหรือการช่วยเหลือที่มีค่าใช้จ่าย คุณมีสิทธิที่จะได้รับข้อมูลและความช่วยเหลือในภาษาของคุณโดยไม่มีค่าใช้จ่าย โทร 1-800-777-4890
Urdu	اس ائٹہار میں اہم معلومات ہے۔ اس ائٹہار میں CommunityCare سے آپ کے درخواست اور خدمات کے بارے میں اہم معلومات ہے۔ ائٹہار میں اہم تاریخوں کا نظر کریں۔ ہو سکتا ہے کہ صحت کی خدمات کو برقرار رکھنے اور اخراجات کی ادائیگی میں مالی مدد ملنے کے لیے، آپ کو خاص تاریخ یا ٹیڈ لائن سے پہلے کچھ کارروائی کرنی پڑے گی۔ آپ کو اپنی زبان میں مفت مدد اور معلومات حاصل کرنے کا حق ہے۔ 1-800-777-4890 فون کریں۔
Cherokee	<b>O'Wolh'j SSZGPT O'f'ed'j.</b> Ad O'Wolh'j RGZ'j4 h'GW'alt RG'f'ed'V'j O'h'ed'AW'6' j8h'V'of' RG'4'ed'6'j CommunityCare SG'q'ed'6'j'8'7. CSR'ed'ed'j 6'V'6'7R Ad SSZGPT. RM'ed' Af'ed'j K'j'G'j D'8 G'6'0'j j8h'EW'ed'6' O'ed'VB TS h'5'A'j'9'j. V'j GS'j Dh'D'7'j'ed'8 G'of' D'8 j'EG'W'6'7 R'R O'j'CB'ed'j h'BR' G'j'W'j. D'6'ed'AW'6'0'j D'6'ed'SW'j RG'j'j Z'8 RGZ'j4'j GSP'ed'E GS'W'f'ed'j'j G'V'P S'ed'h'j'ed'j E'j Z'8 j'EG'W'j h'BR' R'RT. j'AWZ'P'j j'4'ed'j Ad 1-800-777-4890.
Persian-Farsi	این اعلیٰ مدیه حامی الغات دهباش این اعلیٰ مدیه حامی الغات دهم درباره فیم تقاضا یوا پوشش یه ای شد اربو طبه CommunityCare به تاریخ های دهم درین اعلیٰ متوجعید. شما کهن این طبباتاریخ های شخیص برای حقظ پوشش مزایای یا رای کمکبه مخرج مزایای نهزوج بانجام کار طبباشید. شما حقاین را لرین کهاین الغات و کمک رله زبان خوبه طورایگان ریافت نهیلید. 1-800-777-4890





CommunityCare complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. CommunityCare does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

CommunityCare:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters
  - Information written in other languages

If you need these services, contact Mary Alice Brosseau. If you believe that CommunityCare has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Mary Alice Brosseau, Senior Manager Quality Improvement/Compliance  
P.O. Box 3249 Tulsa, Oklahoma 74101  
(918) 594-5303 (phone)  
(918) 879-4048 (fax)  
[G&A@ccok.com](mailto:G&A@ccok.com)

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Mary Alice Brosseau, Senior Manager Quality Improvement/Compliance, is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building, Washington, D.C. 20201 1-800-368-1019, 800-537-7697 (TDD).

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.