# Fritz G. Huber, Ed.D., C.S.C.S.

#### **EDUCATIONAL PREPARATION**

University of Northern Colorado, Greeley, Colorado. September 1987 to August 1991.

- Degree: Doctorate of Education.

University of Oklahoma, Norman, Oklahoma. August 1983 to December 1985.

- Degree: Master of Science.

University of Toledo, Toledo, Ohio. September 1974 to August 1978.

- Degree: Bachelor of Education.

#### PROFESSIONAL CERTIFICATION

National Strength and Conditioning Association, Colorado Springs, Colorado.

- Certified Strength and Conditioning Specialist. August 1992 to Present

#### **EMPLOYMENT**

Oral Roberts University, Tulsa, Oklahoma.

- Chair, Department of Health, Leisure, and Sport Sciences. January 1998 to Present.
  - Departmental Responsibilities: Oversee 22 faculty, teaching over 65 courses with enrollment of over 3000 students each semester.
  - University Responsibilities: General Education Committee, Athletic Advisory Committee, & Research Committee.
  - Courses taught: Exercise Physiology, Kinesiology & Biomechanics, and Health Fitness.
- Associate Professor, August 1996 to Present
- Assistant Professor, August 1989 to August 1996.
- Instructor, August 1988 to May 1989.

Tulsa Junior College, Tulsa, Oklahoma.

- Adjunct Instructor, January 1992 to December 1995.
  - Course taught: General Physiology

### PROFESSIONAL EXPERIENCES

The American Running Association, Bethesda, MD.

- Running & Fitnews Clinic Advisor. January 1994 to Present.

Oklahoma Association for Health, Physical Education, Recreation, and Dance. Oklahoma City, OK.

Board of Directors and Advisory Council Section Chair, October 2000 to October 2002.

#### - Fritz G. Huber -

Indy Racing League, Indianapolis, Indiana.

- Exercise Physiologist for Motorsports, August 1996 to June 1998.

Championship Auto Racing Teams, Indianapolis, Indiana.

- Exercise Physiologist for Motorsports, October 1994 to August 1996.

Central States chapter of American College of Sports Medicine, Kansas City, Missouri.

- Executive Search Committee Member, August 1994 to July 1995.

St. John Medical Center, Tulsa, Oklahoma.

- Aerobic Instructor Certification Consultant and Presenter, September 1990 to 1994.

Rhythmic and Aerobic, Inc., Tulsa, Oklahoma.

- Aerobic Instructor Certification Presenter, October 1990 & 1991 and March 1991 & 1992.

National Strength and Conditioning Association, Colorado Springs, Colorado.

- Presenter, 1992 National Convention, Philadelphia, Pennsylvania.

Oklahoma Association for Health, Physical Education, Recreation and Dance, Oklahoma City, Oklahoma.

- Presenter, 1992 and 1993 State Conventions.

Rocky Mountain Chapter of American College of Sports Medicine, Boulder, Colorado.

- Executive Board Member, January 1988 to August 1988.

## **PUBLICATIONS**

Huber, F. (2013). <u>Essentials of Physical Activity</u>. Fifth Edition. Eddie Bowers Publishing, Peosta, Iowa.

Huber, F. (2006). <u>Essentials of Physical Activity Laboratory Manual</u>. Sixth Edition. Eddie Bowers Publishing, Peosta, Iowa.

Clark, J. & Huber, F. (1998). <u>Seven Lifetime Sports: A Handbook for Skill Development.</u> Second Edition. Eddie Bowers Publishing, Dubuque, Iowa.

Huber, F. (1996) Internship Manual. Oral Roberts University Press, Tulsa, Oklahoma.

## Men's Journal,

- Contributing Author, 1995.

### Women's Sports & Fitness Magazine,

- Contributing Author, 1994 & 1995.

Huber, F. & Jackson, C. (1992). Effect of a Low-Intensity Endurance Conditioning Program on Strength Trained Human Skeletal Muscle. The Journal of Applied Sport Science Research, 6(3), 184-185.

## **HONORS**

Oral Roberts University, Faculty Member of the Year for the Department of Health, Physical Education and Recreation, 1990–1991, 2003–2004, and 2008-2009.

Lexington Who's Who, 2000 - 2001

Who's Who in America, 1995 – 1996.

Who's Who in American Education, 1994 – 1995.

## PROFESSIONAL MEMBERSHIPS

American College of Sport Medicine

American Medical Athletic Association

Christian society for Kinesiology and Leisure Studies

National Recreation and Parks Association

National Strength and Conditioning Association

Oklahoma Association for Health, Physical Education, Recreation, and Dance

Society of Health and Physical Educations

## REFERENCES

Available upon request.