# ANTHONY DOMECK, M.B.A.

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## **EDUCATION**

# University of Idaho Moscow, ID

• Bachelor of Science in Business, May 1986.

# Embry Riddle Aeronautical University Daytona Beach, FL

• Master of Business Administration in Aviation , May 1989.

## Oral Roberts University Tulsa, OK

• 15 credit hours towards Educational Doctorate, August 1997 - May 1998.

## **MILITARY EXPERIENCE**

- **U.S. Army Reserves**, May 1983 December, 1987.
- · Commissioned, May 1983.

#### PROFESSIONAL CERTIFICATION

# National Strength and Conditioning Association (NSCA), Colorado Springs, CO

• Certified Personal Trainer (CPT) Pending Certification, June 2015.

## PROFESSIONAL MEMBERSHIP

National Strength and Conditioning Association (NSCA) Membership. August, 2012 – Current.

#### PROFESSIONAL WORK EXPERIENCE

#### Oral Roberts University Tulsa, OK

Faculty/Instructor of Health and Physical Education & Recreation. August, 1996 - Present.

#### Illuminations, LLC Tulsa, OK

Business Owner/Operator, Seasonal Christmas Lighting Business. October, 1999 – Present.

#### Cut N Edge, LLC Tulsa, OK

Business Owner/Operator, Landscape Maintenance and Design. March, 2003 – March, 2011.

## Jani-King Commercial Cleaning Company Tulsa, OK

Business Franchise Owner/Operator. October, 1998 – May, 2009.

#### **Oral Roberts University** Tulsa, OK

Intramural & Sports Director. October, 1994 - January, 2003.

#### St. Louis University St. Louis, MO

Assistant Coach, Women's Division I Volleyball. June, 1993 – March, 1994.

#### Tulsa Community College Tulsa, OK

Adjunct Faculty (P/T). August, 1992 – May, 1996

#### **Oral Roberts University** Tulsa, OK

Assistant Coach, Women's Division I Volleyball. July, 1991 – May, 1993.

# **UNIVERSITY and COMMUNITY ACTIVITIES**

ORU Fun Run – 1996 to Present.

Church On the Move Tulsa, OK – Member, 1997 – Present.

Church On the Move Tulsa, OK - Volunteer Parking Coordinator – February, 2013 – Present.

Church On the Move Tulsa, OK - Volunteer/Section Community Launch Leader, September 2014 – January, 2015.

Church On the Move Tulsa, OK - Relief Volunteer for Joplin, MO – June, 2011.

Turkey Mountain, Tulsa, OK - Volunteer Co-Coordinator, Clean Up and Trail Maintenance, March 2004 – March 2011.

Oklahoma Mountain Bike Series Competitive Racing, 1996 – 1999.

Arkansas Mountain Bike Series Competitive Racing, 1996 – 1999.

OZARK Challenge Mulberry, AR - Competitive 4-Man Co-Ed Adventure Race, April 1999.

NORBA (National Off Road Biking Association) National Championship. Elk City, UT – Silver Medal. June, 1998.

TORBA (Tulsa Off Road Biking Association), President – 1997-1998.

24 Hours of Canaan, Canaan, WV – Competitive Mountain Racing; 2<sup>nd</sup>, 3<sup>rd</sup> Place in the Clydesdale Division, 1997 and 1998.

Competitive Beach Volleyball Semi-Pro Player. Played in Multiple AVP (Association of Volleyball Professionals) Qualifiers and Tournaments throughout the U.S. 1988-1991.

# **COURSES TAUGHT**

# **Oral Roberts University**

Health Fitness I Lab

Health Fitness II Lab

Beginning Mountain Biking

Intermediate/Advanced Mountain Biking

Beginning Weight Training & Fitness

Advanced Weight Training & Fitness

**Graduate Health Fitness** 

Beginning Volleyball

Intermediate Volleyball

**Cross-Training** 

**Beginning Cycling** 

## **Tulsa Community College**

**Beginning Marketing** 

Small Business Management