

BRITTANY GOMEZ, MSW, LCSW

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BEHAVIORAL SCIENCES DEPARTMENT

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FORMAL EDUCATION

Master of Social Work. Wichita State University, Wichita, Kansas May 2009

- Concentration in Advanced Generalist Practice

Bachelor of Social Work. Oral Roberts University, Tulsa, Oklahoma. *Summa Cum Laude.* May 2008

- Major: Social Work
- Minor: Spanish

CURRENT LICENSURE

Licensed Clinical Social Worker (Oklahoma State Board of Licensed Social Workers, since 2013).

HONORS & AWARDS

NASW Oklahoma Undergraduate Student of the Year, 2008
Oral Roberts University Social Work Student of the Year, 2008

PROFESSIONAL EMPLOYMENT

Assistant Professor of Social Work, Oral Roberts University 2017-2020

- Teaching undergraduate students the core values, theories, and techniques of social work practice.
- Directing the Social Work Field Education Program, empowering students to apply classroom learning in local and international social service settings.
- Mentoring students in the development of holistic self-care practices for long-term sustainability in the field.

Inpatient Therapist, Laureate Psychiatric Hospital 2017-2018

- Provided psychosocial assessments and developed treatment plans specific to patient needs.
- Taught Cognitive Behavioral coping strategies and Mindfulness techniques to patients.
- Administered individual and group therapy sessions for adults with treatment needs ranging from substance abuse detoxification to suicidal and/or homicidal ideation.

Therapist, Destiny Wellness Center, Tulsa, Oklahoma 2016-2017

- Provided biopsychosocial assessments and developed individualized treatment plans according to client needs.
- Administered individual and family therapies to clients with a wide range of needs, varying from depression, anxiety, and eating disorders to involvement with the juvenile justice system, domestic violence, and sex trafficking.
- Taught employees at a domestic violence shelter about the needs of children with reactive attachment disorder.
- Trained employees at a domestic violence shelter in the importance of using trauma informed vocabulary when working with victims of domestic violence and sex trafficking.

- Assisted with the planning and development of the first statewide Oklahoma Human Trafficking conference, *Oklahoma United: Bringing Human Trafficking Out of the Shadows* (2107).

Interim Inpatient Therapist, Shadow Mountain Behavioral Health, Tulsa, Oklahoma 2015

- Administered individual, group, and family therapies to adolescents with various intellectual and developmental disabilities and severe trauma histories.
- Provided clinical oversight in milieu management for direct care staff serving the adolescents on a specialty residential unit.
- Directed incoming permanent therapist in the orientation to client needs and program structure.

Inpatient Therapist, Shadow Mountain Behavioral Health, Tulsa, Oklahoma 2011-2013

- Administered individual, group, and family therapies to children with Reactive Attachment Disorder and severe trauma histories.
- Provided clinical oversight in milieu management for direct care staff serving the children.
- Demonstrated the use of Dyadic Developmental Psychotherapy in a professional development seminar.
- Provided psychoeducation regarding attachment needs to child welfare workers, foster and adoptive parents.
- Taught attachment-specific parenting techniques to the parents of the children served.
- Educated new employees about Reactive Attachment Disorder and providing trauma-informed clinical care.

Children's Mental Health Therapist, Family & Children's Services, Tulsa, Oklahoma 2009-2011

- Provided direct counseling to elementary school-aged children with a wide range of needs.
- Educated parents regarding healthy parenting strategies.
- Instructed teachers in the use of trauma-informed intervention techniques.
- Utilized a systems-based range of treatment interventions and case management methods.

Street Outreach Case Manager, Wichita Children's Home, Wichita, Kansas 2008-2009

- Served as case manager for homeless youth seeking admission to the BRIDGES Transitional Living Program.
- Organized and sponsored Resident Council leadership program for adolescents in BRIDGES.
- Assisted in the development and teaching of a Childhood Trauma training for staff members.

COMMUNITY SERVICE & VOLUNTEER EXPERIENCE

Member of the Oklahoma Coalition Against Human Trafficking 2016-2019

- Served as a social work representative for the Education Subcommittee.
- Collaborated with professionals across the community to increase awareness of the existence and complexities of human trafficking.

Trauma-Informed Training Specialist, Unlock Freedom, Tulsa, Oklahoma 2016-2018

- Collaborated and networked with professionals in the community through serving as a member of the Oklahoma Coalition Against Human Trafficking and the Oklahoma Human Trafficking Task Force.
- Conducted training workshops for volunteers and professionals serving people who have been victimized by or are at risk of human trafficking.
- Developed outreach strategies for women and youth who are sexually exploited in the Tulsa metro area.

- Taught the Unlock Freedom prevention curriculum, Project #ITSTOPSWITHME, in classes through Tulsa Public Schools, Union Public Schools, and Oklahoma State University.

Social Work Practicum Supervisor for senior social work student at Oral Roberts University, Tulsa, Oklahoma 2016

- Met weekly with the practicum student for supervision and training purposes
- Empowered the practicum student to advocate for herself, her clients, and confidentiality practices within the internship organization.
- Mentored the student in the practical application of incorporating her faith into social work practice.

Consultant, Jubilee Home, Bangalore, India 2016

- Provided consultation services for a newly opened respite home caring for children of sexually exploited women.
- Equipped the home with training materials to be utilized for staff development.

Academic Advisory Board Member, Social Work Program at Oral Roberts University, Tulsa, Oklahoma 2010-2012

- Attended academic advisory board meetings to advocate for and strengthen the ongoing development of the Social Work program.

INVITED LECTURES & PRESENTATIONS

“The Truth about Trauma.” Workshop. April 29, 2018. Whole Person Healing Seminar, Kathmandu, Nepal.

“Strategies in Providing Trauma-Informed Care.” Workshop. April 20, 2018. Jubilee Home, Bangalore, India.

“Journey to Freedom: Unlocking the Complexities of Human Trafficking to Empower Healing.” Workshop. April 5, 2018. 2018 Oklahoma National Association of Social Work Conference, Tulsa, OK.

“Sex Trafficking in America.” Co-presented with Sara Weller. Workshop. March 29, 2018. Family & Children’s Services, Tulsa, OK.

“Triumph over Trauma: Empowering Children to Regulate.” Professional Development Seminar. January 3, 2018. Salk Elementary School, Tulsa, OK.

“Trauma Talk.” Workshop. September 30, 2017. PINK – Mulher com Propósito, Campinas, Brazil.

“An Introduction to Human Sex Trafficking.” Invited Lecture, Introduction to Social Work. February 28, 2017. Oral Roberts University, Tulsa, OK.

“Mental Health Needs of Human Sex Trafficking Victims and Survivors.” Resource Panel, Oklahoma United: Bringing Human Trafficking Out of the Shadows Conference. January 24, 2017. Tulsa, OK.

“When Really Hard Things Happen: A Talk About Trauma.” Invited Lecture, Introduction to Social Work. October 6, 2016. Oral Roberts University, Tulsa, OK.

“Trauma Talk: Taking Advantage of the Power of the Tongue.” Workshop. July 27, 2016. Dayspring Villa, Sand Springs, OK.

“Terrified to Trust: Understanding the Core Challenges & Symptoms of a Child with Reactive Attachment Disorder.” Workshop. July 27, 2016. Dayspring Villa, Sand Springs, OK.

“Treating Reactive Attachment Disorder: Restoring and Creating Healthy Bonds to Heal the Heart.” Workshop. February 28, 2012. Indian Child Welfare, Pawhuska, OK.

“The Impact of Trauma and Substance Abuse Training on Staff Attitudes.” Co-presented with Vivienne Clark, Alicia Ocker-Thompson, Gabrielle Prieto, and Rachelle Roosevelt. Behavioral Sciences Graduate Colloquium. May 11, 2009. Wichita State University, Wichita, KS.

“Childhood Trauma and Adolescent Substance Abuse.” Co-presented with Vivienne Clark, Alicia Ocker-Thompson, Gabrielle Prieto, and Rachelle Roosevelt. Workshop. March 31, 2009. Salvation Army, Wichita, KS.

LANGUAGES

Spanish: Conversational Fluency

PROFESSIONAL DEVELOPMENT (HIGHLIGHTS)

Bethel School of Supernatural Ministry, Bethel Church, Redding, California	2013- 2016
Foundations of Trafficking Aftercare, iDignify, Redding, California	2013-2014
Dyadic Developmental Psychotherapy, Shadow Mountain Behavioral Health, Tulsa, Oklahoma	2011-2013
Trauma Focused Cognitive Behavioral Therapy, Family & Children’s Services, Tulsa, Oklahoma	2010
Trauma Informed Culture, Wichita Children’s Home, Wichita, Kansas	2009
Harvest School of Missions, Iris Ministries, Pemba, Mozambique	2008