## **CAREER MENTEE GUIDELINES**

Career Services



## Dear Career Mentee:

Thank you for your interest in the ORU Golden Hire Network Mentor Program! This program has been designed to connect you with professionals in your field(s) of interest to help you more fully pursue your career goals both now and after your college experience.

## The benefits of joining this program include (but are not limited to):

- Engaging with a professional actively involved in a career field of interest to you.
- Receiving feedback on how well you are progressing toward the career of your choice by way of your academic/ extracurricular experience(s).
- Learning industry and job specific lingo, requirements, and cultural nuances.
- ❖ Visiting and/or learning about the day-to-day activities of your mentor.
- Developing networking skills with professionals in your field of interest.

## As a member of this program students will be expected to:

- \* Contact the mentor within 5 days of receiving his or her acceptance of you as a mentee.
- Maintain regular contact with your mentor (once or twice a month for one or two semesters as agreed on by your mentor) and respond in a timely manner when your mentor contacts you.
- Spend 1-2 hours a month building a relationship with your mentor.
- Identify common goals with your mentor based on your needs, personal goals, the mentor's availability, and your academic accomplishments to date.
- Define your career goals, assess progress, and celebrate accomplishments with you mentor.
- Keep you mentor informed about your course schedule, exam schedule, and other priorities.
- Learn about your mentor's company and its industry, partners and competitors.
- Inquire about what the most important skill-sets are to succeed in your mentor's position, company, and industry.
- Maintain and model professional behavior.
- ❖ **Do not** ask your mentor for a job or internship. This relationship is for you to learn how to network with others, learn more about an industry you have interest in, and develop you professionally. If your mentor offers you a position you may then discuss the possibilities.

A Registration Instruction sheet is available through ORU Career Services or online at www.orugoldenhire.com to help you get started with this program.