



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# GET CERTIFIED BE PREPARED SAVE LIVES

**Lifeguarding/First Aid/CPR/AED  
YMCA OF GREATER TULSA**

This course teaches the knowledge and skills needed to prevent and respond to aquatic emergencies. Upon completion of the class, participants will receive the American Red Cross certificate for Lifeguarding/First Aid/CPR/AED.

## **Spring Course Offerings**

Course #1: "Spring Break" March 18 – 22, 2015

Course #2: "The Weekender" April 24 – May 3, 2015

## **Recertification Options**

Must possess a current ARC Lifeguarding certificate and have the ability to complete written and practical skills tests

- Approx. 13 hours, available during each regular course
- Contact [krodgers@ymcatulsa.org](mailto:krodgers@ymcatulsa.org) for more information

## **Course Fees**

- Full Course \$200 (staff rate \$125)
- Lifeguard Recertification \$100 (staff rate \$75)
- Personal Rescue Mask \$10 (recommended, not required)



HUTCHERSON YMCA AQUATICS  
1120 East Pine Street  
P 918-728-3959 [www.ymcatulsa.org](http://www.ymcatulsa.org)

**LIVE UNITED**  
**United Way**  
Tulsa Area United Way  
Partner Agency



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## AMERICAN RED CROSS LIFEGUARD CERTIFICATION COURSE REGISTRATION

Candidate Name: \_\_\_\_\_

DOB: \_\_\_\_\_

Address: \_\_\_\_\_

Email Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_

Emergency Contact Phone: \_\_\_\_\_

Age on last day of  
course: \_\_\_\_\_

(Must be 15 on last day of course)

### COURSE SCHEDULE/DETAILS:

#### COURSE #1 SPRING BREAK March 18 - 22, 2015

Locations: Hutcherson Y/ORU Aerobics Center  
Wednesday 9:00 a.m. - 5:00 p.m. Hutcherson  
Thursday 9:00 a.m. - 5:00 p.m. Hutcherson  
Friday 11:00 a.m. - 4:00 p.m. Hutcherson  
Friday 5:30 - 8:30 p.m. ORU  
Saturday 12:00 - 6:00 p.m. ORU

#### COURSE #2 THE WEEKENDER April 24 - May 3, 2015

Locations: Hutcherson YMCA/ORU Aerobics Center  
Friday 5:00 - 9:00 p.m. Hutcherson  
Saturday 9:00 a.m. - 5:00 p.m. Hutcherson  
Sunday 1:00 - 8:00 p.m. Hutcherson  
Friday 5:30 - 8:30 p.m. ORU  
Saturday 12:00 - 6:00 p.m. ORU  
Sunday 1:00 p.m. - 5:00 p.m. Hutcherson

#### LIFEGUARD Recertification

##### Available during each full course

Participants must possess a current ARC certificate for Lifeguarding/First Aid/CPR/AED, and need to complete the written and practical skills tests.  
Approx. 13 hours of coursework  
Call 918-728-3959 or email  
krodgers@ymcatulsa.org for info.

### Which course will you be attending? (check one)

Full Course \$200 \_\_\_\_\_

Staff Full Course \$125 \_\_\_\_\_

Recertification \$100 \_\_\_\_\_

Staff Recert \$75 \_\_\_\_\_

\*COURSES WILL BEGIN WITH PRE-COURSE SESSION. ALL PARTICIPANTS MUST PASS THE PRE-COURSE SESSION TO REMAIN ENROLLED. A 50% REFUND WILL BE AVAILABLE TO THOSE WHO ARE UNABLE TO COMPLETE THE PRE-COURSE REQUIREMENTS. CONTACT ANY BRANCH AQUATICS DIRECTOR TO FIND OUT WHAT WE CAN DO TO HELP YOU PREPARE.

\*Purchase of a rescue mask is recommended, but not required. These will be available for \$10. Please reserve/pay for rescue mask separately, and prior to pre-course. You will receive your mask on the first day of class.

### YMCA WAIVER OF LIABILITY:

THE UNDERSIGNED HEREBY RELEASES, WAIVES, DISCHARGES, AND COVENANTS NOT TO SUE the YMCA, its directors, officers, employees, and agents (hereinafter referred to as "releases") from all liability to the undersigned, his personal representatives, assigns, heirs, and next of kin for any loss or his personal representatives, assigns, heirs, and next of kin for any loss or damage, and any claim or demands therefore on account of injury to the person or property or resulting in death of the undersigned, whether caused by the negligence of the release or otherwise while the undersigned is in, upon, or about the premises or any facilities the negligence of the release or otherwise while the undersigned is in, upon, or about the premises or any facilities or equipment therein, or participating in any program affiliated with the YMCA, without respect to location. THE UNDERSIGNED further expressly agrees that the foregoing RELEASE, WAIVER AND INDEMNITY AGREEMENT is intended to be as broad and inclusive as is permitted by law of the State of Oklahoma and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. THE UNDERSIGNED has given permission for the YMCA to use, without limitation or obligation, photographs, film footage, or tape recordings which may include my image or voice for purposes of promoting or interpreting YMCA programs. THE UNDERSIGNED HAS READ AND VOLUNTARILY SIGNS THE RELEASE AND WAIVER OF LIABILITY AND INDEMNITY AGREEMENT, and further agrees that no oral representations, statements, or inducement apart from the foregoing written agreement have been made. THE UNDERSIGNED AGREES TO THE PARENT CODE OF CONTACT ON THE BACK OF THIS FORM.

"The purpose of our credit/refund policy is to allow the YMCA to offer quality programming and proper class ratios while maintaining flexibility to our members. The YMCA reserves the right to cancel or combine classes because of insufficient enrollment and conditions beyond our control. Credit towards future YMCA programs (used within 6 months) will be given if notified prior to registration deadline. No credit or refund will be given after the registration deadline."

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Legal guardian if under 18)

Staff Use Only: Amount Rc'vd \_\_\_\_\_

Staff Initials \_\_\_\_\_

Date Processed \_\_\_\_\_