

ORU SWIMMING LESSONS 2015
DIRECTOR - DENISE WESTFALL

Sessions: (M-F) 1) May 25 - June 5 (yes on Memorial Day)
 2) June 8 - June 19
 3) June 22- July 3

Times: 8:55 to 9:35
 9:35 to 10:15
 10:15 to 10:55
 10:55 to 11:35
 11:35 to 12:15
 12:15 to 12:55

Evening Classes (M-TH) 4) June 1 - June 11

Times: 6:00 to 6:50
 6:50 to 7:40
 7:40 to 8:30

Class Ages: Two-year olds through Adults

Location: ORU Aerobics Center Pool

Directions: Parking is in lot west of Aerobics Center (AC) at bottom of hill. AC is located at top of hill where Delaware ends at 81st Street. EVERYONE must enter AC by the front (NW) door. For those with strollers: continue past steps going east and make a u-turn to come back to front door. Think of all the great exercise you will get going up that hill!!!!

COST: \$55.00 for Daytime sessions
 \$60.00 for Evening sessions

Students grouped by age and ability. Five students per teacher. Beginner thru Advanced Swimmer, and Competitive Stroke. TEEN CLASSES for cross training and stroke technique. Think fitness, safety, stroke refinement and FUN! Get 5 friends together and have your own class!

Inquire about Private and Adult Classes

DIRECTOR: **DENISE WESTFALL**
 918-446-7468

PLEASE ENROLL BY EMAIL Email: d.d.westfall@cox.net
 RED CROSS WSI 34 YEARS

We have eight or more teachers, so friends and family can take lessons at the same time. 5 to 1 student/teacher ratio.