

ORU SWIM LESSONS

2013

<u>Daytime Sessions: (M-F)</u> 1st Session: May 27th*– June 7th (yes on Memorial Day)

*Creativity will be required if we have snow days and school is in session

thru May 31st.

2nd Session: June 10th-June 21st

3rd Session: June 24th-July 5th (yes on July 4th)

8:55AM-9:35AM

<u>Times:</u> 9:35AM- 10:15AM

10:15AM- 10:55AM

10:55AM- 11:35AM

11:35AM- 12:15AM

12:15AM- 12:55AM

Evening Classes: (M-TH) 4th Session: June 3rd– June 13th

Times: 6:00PM- 6:50PM

6:50PM-7:40PM

7:40PM-8:30PM

<u>Class Ages:</u> Two– year olds through Adults

Location: ORU Aerobics Center Pool

<u>Directions:</u> Park in lot west of the Aerobics Center at bottom of hill. The Aerobics Center is located at the top of the hill where Delaware ends at 81st Street. Think of all the great exercise you will get going up that hill! EVERYONE must enter AC by the NW door (front). Sidewalk for strollers is finished by front steps. Continue past steps going east and make a U-turn to come back to front door.

<u>Cost:</u> \$55.00 for Daytime sessions

\$60.00 for Evening sessions

Students grouped by age and ability. Five students per teacher. Beginner through Advanced Swimmer, and Competitive Stroke. <u>TEENS:</u> Give your teens a skill for a lifetime! Get 5 friends together for your own class! Think fitness, safety, stroke refinement and FUN! We have 8 or more teachers, so friends and family can take lessons at the same time. 5 to 1 student/teacher_ration.

Inquire about Private and Adult Classes

*PLEASE ENROLL BY EMAIL- d.d.westfall@cox.net

Director: Denise Westfall

Red Cross WSI 31 Years

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