

# OVERALL RESULTS

| NAME               | Age | Group   | Swim    | T1      | Bike    | Run     | Total Time |
|--------------------|-----|---------|---------|---------|---------|---------|------------|
| Alan Ball          | 28  | M 26-35 | 0:06:02 | 0:00:47 | 0:10:23 | 0:10:58 | 0:28:10    |
| Bryan Journey      | 27  | M 26-35 | 0:06:08 | 0:01:13 | 0:12:04 | 0:09:13 | 0:28:38    |
| Isaac Pinsart      | 35  | M 26-35 | 0:06:28 | 0:01:17 | 0:12:37 | 0:10:28 | 0:30:50    |
| Mark Welch         | 42  | M 36-45 | 0:06:10 | 0:01:10 | 0:12:56 | 0:10:38 | 0:30:54    |
| Dave Weaver        | 33  | M 26-35 | 0:06:57 | 0:00:40 | 0:13:39 | 0:10:00 | 0:31:16    |
| James Luth         | 20  | M 26-35 | 0:05:24 | 0:01:34 | 0:14:09 | 0:10:16 | 0:31:23    |
| Dominic Halsmer    | 50  | M 46-55 | 0:07:46 | 0:00:15 | 0:13:50 | 0:09:44 | 0:31:35    |
| Mark Keilbarth     | 17  | M 16-25 | 0:07:03 | 0:00:53 | 0:13:30 | 0:10:38 | 0:32:04    |
| Brian Russell      | 34  | M 26-35 | 0:08:46 | 0:01:34 | 0:12:15 | 0:09:51 | 0:32:26    |
| Daniel Griffith    | 31  | M 26-35 | 0:07:45 | 0:01:35 | 0:12:40 | 0:10:26 | 0:32:26    |
| Rachel Carroll     | 20  | F 16-25 | 0:08:03 | 0:01:34 | 0:11:32 | 0:11:21 | 0:32:30    |
| Christine Osborne  | 29  | F 26-35 | 0:07:16 | 0:01:24 | 0:12:26 | 0:11:25 | 0:32:31    |
| Jacob Genert       | 21  | M 16-25 | 0:06:56 | 0:05:59 | 0:09:37 | 0:10:00 | 0:32:32    |
| Lancy Pitts        | 54  | M 46-55 | 0:07:39 | 0:01:13 | 0:11:38 | 0:12:08 | 0:32:38    |
| Robert Hauger      | 47  | M 46-55 | 0:07:22 | 0:01:32 | 0:11:57 | 0:12:07 | 0:32:58    |
| Jonathon Cook      | 27  | M 26-35 | 0:08:05 | 0:01:02 | 0:13:38 | 0:10:33 | 0:33:18    |
| Matthew Floyd      | 37  | M 35-46 | 0:08:45 | 0:02:15 | 0:11:48 | 0:10:48 | 0:33:36    |
| Matthew Mantell    | 32  | M 26-35 | 0:09:21 | 0:02:02 | 0:11:20 | 0:11:08 | 0:33:51    |
| Caleb Turnbow      | 15  | M 10-15 | 0:07:38 | 0:01:52 | 0:14:44 | 0:09:38 | 0:33:52    |
| Trey Russell       | 46  | M 46-55 | 0:07:51 | 0:01:29 | 0:12:00 | 0:12:39 | 0:33:59    |
| Cris Con           | 33  | M 26-35 | 0:07:52 | 0:01:07 | 0:14:48 | 0:10:28 | 0:34:15    |
| Kathryn Bray       | 27  | F 26-35 | 0:06:28 | 0:01:40 | 0:14:02 | 0:12:28 | 0:34:38    |
| Karen Sissons      | 50  | F 46-55 | 0:07:00 | 0:01:18 | 0:12:24 | 0:14:21 | 0:35:03    |
| Austin Welch       | 18  | M 16-25 | 0:08:35 | 0:00:53 | 0:13:40 | 0:11:58 | 0:35:06    |
| Mike Jones         | 32  | M 26-35 | 0:08:11 | 0:01:04 | 0:13:40 | 0:12:21 | 0:35:16    |
| Andrew Sissons     | 43  | M 36-45 | 0:07:28 | 0:01:19 | 0:14:17 | 0:12:17 | 0:35:21    |
| David Haldimann    | 21  | M 16-25 | 0:08:08 | 0:02:18 | 0:14:49 | 0:10:06 | 0:35:21    |
| Jordan McGEE       | 27  | M 26-35 | 0:09:40 | 0:02:00 | 0:13:28 | 0:10:25 | 0:35:33    |
| Bryant Mullins     | 26  | M 26-35 | 0:08:06 | 0:01:59 | 0:13:27 | 0:12:05 | 0:35:37    |
| Margaret Rose      | 24  | F 16-25 | 0:08:01 | 0:02:36 | 0:13:35 | 0:11:30 | 0:35:42    |
| Troy Travis        | 47  | M 46-55 | 0:07:51 | 0:01:29 | 0:13:42 | 0:13:00 | 0:36:02    |
| Jesse Kingsley     | 19  | M 16-25 | 0:08:25 | 0:01:55 | 0:15:41 | 0:10:04 | 0:36:05    |
| Aaron Vokoun       | 37  | M 36-45 | 0:08:45 | 0:02:29 | 0:12:42 | 0:12:11 | 0:36:07    |
| Denis Bonham       | 40  | M 36-45 | 0:09:12 | 0:02:17 | 0:13:29 | 0:11:10 | 0:36:08    |
| Miguel Matos       | 31  | M 26-35 | 0:08:51 | 0:01:59 | 0:13:06 | 0:12:22 | 0:36:18    |
| Stephen Holley     | 41  | M 36-45 | 0:08:50 | 0:01:51 | 0:13:19 | 0:12:54 | 0:36:54    |
| Jonathan Baker     | 28  | M 26-35 | 0:10:04 | 0:02:36 | 0:13:01 | 0:11:19 | 0:37:00    |
| Doug Decker        | 37  | M 35-46 | 0:10:10 | 0:03:16 | 0:11:41 | 0:12:01 | 0:37:08    |
| Stan Groom         | 64  | M 56-65 | 0:11:02 | 0:01:31 | 0:12:11 | 0:12:29 | 0:37:13    |
| Sandra Loerch      | 58  | F 56-65 | 0:10:26 | 0:01:40 | 0:13:15 | 0:12:01 | 0:37:22    |
| Dana Jordan        | 55  | F 46-55 | 0:08:42 | 0:01:28 | 0:14:16 | 0:13:16 | 0:37:42    |
| Christy Mason      | 40  | F 36-45 | 0:08:38 | 0:03:10 | 0:12:57 | 0:13:04 | 0:37:49    |
| Christine Steichen | 48  | F 46-55 | 0:10:23 | 0:01:30 | 0:12:48 | 0:13:23 | 0:38:04    |
| Trent Raleigh      | 23  | M 16-25 | 0:07:07 | 0:02:10 | 0:14:00 | 0:14:53 | 0:38:10    |
| Kyle Kesner        | 21  | M 16-25 | 0:10:50 | 0:03:45 | 0:13:25 | 0:10:26 | 0:38:26    |
| Carolyn Siska      | 25  | F 16-25 | 0:08:19 | 0:03:06 | 0:12:20 | 0:14:53 | 0:38:38    |
| Peter Odom         | 22  | M 16-25 | 0:07:57 | 0:04:13 | 0:14:39 | 0:11:51 | 0:38:40    |
| Sheri Travis       | 42  | F 36-45 | 0:08:27 | 0:01:52 | 0:13:17 | 0:15:06 | 0:38:42    |
| John Arriola       | 21  | M 16-25 | 0:10:09 | 0:01:51 | 0:15:07 | 0:11:40 | 0:38:47    |

|                    |    |         |         |         |         |         |         |
|--------------------|----|---------|---------|---------|---------|---------|---------|
| Jessica Baxter     | 29 | F 26-35 | 0:11:50 | 0:02:36 | 0:14:06 | 0:10:36 | 0:39:08 |
| Vicky Arterburn    | 40 | F 36-45 | 0:11:16 | 0:02:00 | 0:13:19 | 0:12:34 | 0:39:09 |
| Simra Tines        | 28 | F 26-35 | 0:09:32 | 0:03:10 | 0:14:45 | 0:11:48 | 0:39:15 |
| Cecilia Howel      | 9  | F 10-15 | 0:07:00 | 0:02:11 | 0:14:35 | 0:15:30 | 0:39:16 |
| Tom Long           | 52 | M 46-55 | 0:08:15 | 0:02:05 | 0:14:35 | 0:14:34 | 0:39:29 |
| John Ingram        | 61 | M 56-65 | 0:10:39 | 0:01:29 | 0:14:10 | 0:13:37 | 0:39:55 |
| Brad Jordan        | 27 | M 26-35 | 0:09:42 | 0:03:06 | 0:13:49 | 0:13:37 | 0:40:14 |
| Rassan Hines       | 32 | M 26-35 | 0:08:30 | 0:02:26 | 0:15:31 | 0:13:49 | 0:40:16 |
| David Dyke         | 40 | M 36-45 | 0:10:23 | 0:02:50 | 0:14:02 | 0:13:01 | 0:40:16 |
| Jeremy Burton      | 36 | M 36-45 | 0:11:44 | 0:03:03 | 0:14:02 | 0:11:27 | 0:40:16 |
| Kate Williams      | 28 | F 26-35 | 0:07:37 | 0:02:38 | 0:14:46 | 0:15:38 | 0:40:39 |
| Adam Golden        | 36 | M 36-45 | 0:11:25 | 0:04:23 | 0:12:56 | 0:12:11 | 0:40:55 |
| Zack Constance     | 31 | M 26-35 | 0:09:02 | 0:03:41 | 0:16:43 | 0:11:30 | 0:40:56 |
| Anne Ziegler       | 22 | F 16-25 | 0:08:46 | 0:02:41 | 0:16:32 | 0:13:05 | 0:41:04 |
| Klanci McCABE      | 32 | F 26-35 | 0:09:06 | 0:03:32 | 0:16:17 | 0:12:11 | 0:41:06 |
| Ben Thoennes       | 38 | M 36-45 | 0:12:06 | 0:01:27 | 0:14:00 | 0:13:43 | 0:41:16 |
| Roger Stacy        | 59 | M 56-65 | 0:09:53 | 0:02:16 | 0:14:56 | 0:14:16 | 0:41:21 |
| Tyler Matheny      | 23 | M 16-25 | 0:11:30 | 0:02:09 | 0:15:14 | 0:12:50 | 0:41:43 |
| Jonathan Thoennes  | 36 | M 36-45 | 0:11:57 | 0:03:13 | 0:11:55 | 0:14:42 | 0:41:47 |
| Matt Meyer         | 57 | M 56-65 | 0:12:02 | 0:01:38 | 0:13:05 | 0:15:26 | 0:42:11 |
| Sue Bement         | 34 | F 26-35 | 0:09:42 | 0:02:00 | 0:14:49 | 0:15:48 | 0:42:19 |
| Emma Welch         | 13 | F 10-15 | 0:10:20 | 0:02:35 | 0:14:48 | 0:14:39 | 0:42:22 |
| Hannah Turnbow     | 19 | F 16-25 | 0:09:47 | 0:03:13 | 0:16:45 | 0:12:44 | 0:42:29 |
| Abby Welch         | 15 | F 10-15 | 0:10:20 | 0:02:30 | 0:13:21 | 0:16:21 | 0:42:32 |
| Scott Weber        | 34 | M 36-45 | 0:08:17 | 0:03:01 | 0:17:23 | 0:13:51 | 0:42:32 |
| James Travis Splaw | 30 | M 26-35 | 0:08:56 | 0:01:42 | 0:16:26 | 0:15:33 | 0:42:37 |
| Courtney Detrina   | 24 | F 16-25 | 0:06:30 | 0:02:22 | 0:16:28 | 0:17:24 | 0:42:44 |
| Hassan Khan        | 14 | M 10-15 | 0:14:41 | 0:03:04 | 0:12:27 | 0:12:40 | 0:42:52 |
| Martin Turnbow     | 50 | M 46-55 | 0:11:47 | 0:02:54 | 0:14:01 | 0:14:13 | 0:42:55 |
| Debi Patterson     | 46 | F 46-55 | 0:09:36 | 0:04:49 | 0:11:34 | 0:17:01 | 0:43:00 |
| Edgar Solorio      | 35 | M 36-45 | 0:12:39 | 0:02:13 | 0:11:52 | 0:16:27 | 0:43:11 |
| Esther Bruce       | 24 | F 16-25 | 0:10:46 | 0:02:27 | 0:12:53 | 0:17:16 | 0:43:22 |
| Rhonda Gonsalves   | 48 | F 46-55 | 0:15:12 | 0:03:08 | 0:12:19 | 0:12:47 | 0:43:26 |
| Ron Minkler        | 70 | M 65+   | 0:12:39 | 0:03:31 | 0:13:38 | 0:13:38 | 0:43:26 |
| Arryn Small        | 26 | F 26-35 | 0:09:04 | 0:01:59 | 0:19:31 | 0:12:53 | 0:43:27 |
| Whitney Allen      | 45 | F 36-45 | 0:09:21 | 0:02:15 | 0:14:20 | 0:17:45 | 0:43:41 |
| Jordan Benware     | 35 | M 26-35 | 0:11:59 | 0:03:19 | 0:15:18 | 0:13:14 | 0:43:50 |
| Jennifer Welch     | 42 | F 36-45 | 0:12:36 | 0:03:09 | 0:13:43 | 0:14:51 | 0:44:19 |
| LindsAy O'Donnell  | 28 | F 26-35 | 0:09:49 | 0:03:29 | 0:15:40 | 0:15:46 | 0:44:44 |
| Marley Bobsein     | 28 | F 26-35 | 0:10:00 | 0:03:00 | 0:15:18 | 0:16:50 | 0:45:08 |
| Barbara Parker     | 68 | F 65+   | 0:11:39 | 0:04:29 | 0:14:25 | 0:15:00 | 0:45:33 |
| Kevin Blankenship  | 32 | M 26-35 | 0:10:23 | 0:02:32 | 0:14:40 | 0:18:06 | 0:45:41 |
| Lindsey Miller     | 29 | F 26-35 | 0:11:48 | 0:05:02 | 0:16:10 | 0:13:24 | 0:46:24 |
| Annie Medico       | 33 | F 26-35 | 0:10:51 | 0:04:00 | 0:15:19 | 0:16:17 | 0:46:27 |
| Coby Denton        | 62 | M 56-65 | 0:11:25 | 0:05:15 | 0:12:10 | 0:18:12 | 0:47:02 |
| Carrienne Burton   | 36 | F 36-45 | 0:09:41 | 0:03:13 | 0:16:34 | 0:17:54 | 0:47:22 |
| Adam Denney        | 41 | M 36-45 | 0:13:03 | 0:03:37 | 0:16:02 | 0:14:53 | 0:47:35 |
| Roger Roth         | 47 | M 46-55 | 0:11:40 | 0:04:19 | 0:16:55 | 0:14:46 | 0:47:40 |
| David Momquist     | 53 | M 46-55 | 0:12:57 | 0:03:34 | 0:16:27 | 0:14:56 | 0:47:54 |
| Jerri Koehler      | 33 | F 26-35 | 0:09:04 | 0:01:54 | 0:17:12 | 0:19:55 | 0:48:05 |
| Stephany Nichols   | 32 | F 26-35 | 0:07:53 | 0:02:32 | 0:15:40 | 0:22:45 | 0:48:50 |
| Emily Holson       | 25 | F 16-25 | 0:07:58 | 0:02:22 | 0:20:40 | 0:18:01 | 0:49:01 |

|                   |    |         |         |         |         |         |         |
|-------------------|----|---------|---------|---------|---------|---------|---------|
| Don Nelson        | 74 | M 65+   | 0:09:00 | 0:03:27 | 0:15:45 | 0:21:07 | 0:49:19 |
| Deidre Vance      | 39 | F 36-45 | 0:14:49 | 0:03:40 | 0:16:19 | 0:14:43 | 0:49:31 |
| Edward Decker     | 69 | M 65+   | 0:16:39 | 0:03:59 | 0:14:05 | 0:15:10 | 0:49:53 |
| Vernice Bersche   | 62 | F 56-65 | 0:12:49 | 0:03:16 | 0:14:21 | 0:19:46 | 0:50:12 |
| Jessica Weber     | 33 | F 26-35 | 0:09:25 | 0:04:18 | 0:19:57 | 0:16:38 | 0:50:18 |
| April Benoit      | 34 | F 26-35 | 0:13:20 | 0:02:52 | 0:16:25 | 0:18:42 | 0:51:19 |
| Timothy Harris    | 60 | M 56-65 | 0:09:35 | 0:03:46 | 0:17:02 | 0:20:57 | 0:51:20 |
| Tanya Eisele      | 43 | F 36-45 | 0:14:45 | 0:02:26 | 0:17:09 | 0:17:50 | 0:52:10 |
| Lisa Shotts       | 50 | F 46-55 | 0:13:52 | 0:04:24 | 0:16:08 | 0:17:56 | 0:52:20 |
| Chandler Mayberry | 17 | F 16-25 | 0:12:06 | 0:04:32 | 0:15:57 | 0:19:45 | 0:52:20 |
| Rebecca Pierce    | 22 | F 16-25 | 0:11:18 | 0:07:37 | 0:17:20 | 0:18:04 | 0:54:19 |
| Veronica Quinn    | 40 | F 36-45 | 0:13:44 | 0:03:54 | 0:18:50 | 0:19:02 | 0:55:30 |
| Kevin Kuerbitz    | 41 | M 36-45 | 0:12:26 | 0:06:36 | 0:17:16 | 0:20:06 | 0:56:24 |
| Staci Davis       | 23 | F 16-25 | 0:14:04 | 0:07:46 | 0:14:54 | 0:22:35 | 0:59:19 |