

ORAL ROBERTS UNIVERSITY  
DEGREE: **Bachelor of Science**  
MAJOR: **Health and Physical  
Education (HPE)**

DEGREE PLAN SHEET 2013-2014  
**College of Science and Engineering**  
in cooperation with the  
**College of Education**

TOTAL HOURS REQUIRED 128  
Hours in general education 55  
Hours in major 33  
Hours in professional education 26  
Electives 14

Name \_\_\_\_\_  
Z# \_\_\_\_\_ Date \_\_\_\_\_  
Telephone \_\_\_\_\_ Email \_\_\_\_\_  
Advisor \_\_\_\_\_

SEMESTER TAKEN	COURSE CODE	COURSE TITLE	CREDIT HOURS	SEMESTER TAKEN	COURSE CODE	COURSE TITLE	CREDIT HOURS
<b>FRESHMAN Semester 1</b>				<b>FRESHMAN Semester 2</b>			
_____ F	BLIT 110	Survey of Old Testament Literature	3	_____	COMP 102	Reading and Writing in Liberal Arts	3
_____	PED 203	Foundation and Methods of Education	3	_____ S	HUM _____	Humanities Elective	3
_____	PED 111/121	Field-Based Experience	1	_____	COM 101	Oral Communication	3
_____ F	HUM 103	Christian Worldview and Culture	3	_____	GOV 101	American Government	3
_____	HPE 070	Swimming Proficiency	0	_____	PRF 001	Language 102 or proficiency	0
_____	HPE 001	Health Fitness I	1	_____	HPE 002	Health Fitness II	1
_____	PED 100	Education Seminar	0	_____	PED 100	Education Seminar	0
_____	GEN 099	Whole Person Assessment	0	_____	PSC _____	Physical Science (Lecture and Lab)	4
_____	THE 103	Spirit-Empowered Living	3				17
			14				

☐ Language 102 or Proficiency for Level 102 before PED Interview

<b>SOPHOMORE Semester 3</b>				<b>SOPHOMORE Semester 4</b>			
_____	HPE 319	Applied Anat. and Phys. (Lec and Lab)*	4	_____	_____	Social Sciences Elective (see back)	3
_____ F	HUM _____	Humanities Elective	3	_____	MAT 151	Mathematics and Society	3
_____	HIS 101	American History	3	_____ S	HUM _____	Humanities Elective	3
_____	HPE 200	Introduction to HPER	3	_____ S	BLIT 120	Survey of New Testament Literature	3
_____	HPE _____	Theory and Analysis Choice	2	_____	HPE 233	Safety and First Aid	3
_____ F	PED 222	School Health Care	1	_____	HPE _____	Theory and Analysis Choice	2
_____	HPE _____	HPE Activity	0.5	_____	HPE _____	HPE Activity	0.5
_____	PED 100	Education Seminar	0	_____	PED 100	Education Seminar	0
			16.5				17.5

☐ Pass Oklahoma General Education Test (OGET) before PED Interview

☐ Portfolio Review—Phase I—PED Interview

<b>JUNIOR Semester 5</b>				<b>JUNIOR Semester 6</b>			
_____	HPE 320	Prevention and Care of Sports Injuries	3	_____	HPE 314	Motor Learning, Games, and Adaptive P.E.	3
_____	HPE 324	Exercise Physiology	3	_____	HPE 316	Kinesiology and Biomechanics	3
_____	_____	Elective	3	_____	HPE 231	Personal Health Science	3
_____	HPE _____	Theory and Analysis Choice	2	_____	HPE _____	Theory and Analysis Choice	2
_____	HPE _____	HPE Activity	0.5	_____	HPE _____	HPE Activity	0.5
_____	_____	Elective	4	_____	HPE _____	Theory and Analysis Choice	2
_____	PED 100	Education Seminar	0	_____ S	PED 306	Pedagogy II	4
_____	_____	Elective	3	_____	PED 100	Education Seminar	0
			18.5				17.5

☐ Portfolio Review--Phase II (OSAT Required)

<b>SENIOR Semester 7</b>				<b>SENIOR Semester 8</b>			
_____ F	PED 305	Pedagogy I	4	_____	HPE _____	HPE Activity	0.5
_____	HPE 452	HPE Methods and Evaluation	3	_____	PED 475	Intern/Student Teaching (Elem.)	5
_____	COMP 303	Critical Reading and Writing	3	_____	PED 495	Intern/Student Teaching (Sec.)	5
_____	_____	Elective	4	_____	PED 361	Professional Education Seminar/Portfolio	0
_____	HPE _____	Theory and Analysis Choice	2	_____	PED 100	Education Seminar	0
_____	HPE _____	HPE Activity	0.5	_____	_____	Elective	3
_____	PED 100	Education Seminar	0	_____	_____	Participation in graduation exercises	0
			16.5				13.5

☐ Portfolio Review--Phase III (OPTE Required)

F (Fall only) S (Spring only)

\*Courses offered every odd fall or even spring semester

\*\*Courses offered every even fall or odd spring semester

Student's Signature \_\_\_\_\_ Date \_\_\_\_\_

Advisor's Signature \_\_\_\_\_ Date \_\_\_\_\_

Approved: \_\_\_\_\_

**Bachelor of Science in Health and Physical Education 2013-2014  
School Teaching Licensure**

			<b>Hours Required</b>
<b><u>General Education</u></b>			
GEN 099	Whole Person Assessment		0
COMP 102/303	English		6
PRF 001	Foreign Language Proficiency Exam or 102 Level		0
COM 101	Oral Communication		3
HUM 103	Christian Worldview and Culture		12
HUM ____	Humanities Elective (Choice of HUM 222, 233, 244, 333)		
HUM ____/____	Humanities Electives (Choice of HUM 222, 233, 244, 333, 250, 255, 260, 270, COMP 101)		
BLIT 110	Survey of Old Testament Literature		3
BLIT 120	Survey of New Testament Literature		3
THE 103	Spirit-Empowered Living		3
PSC ____	Physical Science (Lecture and Lab)		4
HPE 319	Applied Anatomy and Physiology (Lecture and Lab)		4
____	Social Sciences Elective (Choose one: PSY 201, MUS 208, SWK 202, SOC 101, SOC 201, SOC 323, BUS 201, FIN 244)		3
HIS 101	American History		3
GOV 101	American Government		3
MAT 151	Mathematics and Society		3
HPE ____	Health, Physical Education, Recreation (HPE I & II, First Aid and CPR, swimming proficiency and 5 elective courses)		5
<b>General Education Total</b>			<b>55</b>
<b><u>Major</u></b>			
HPE 200	Introduction to HPE		3
HPE 231	Personal Health Science		3
HPE 233	Safety and First Aid		3
HPE 314	Motor Learning, Games, and Adaptive P.E.		3
HPE 316	Kinesiology and Biomechanics		3
HPE 320	Prevention and Care of Sports Injuries		3
HPE 324	Exercise Physiology		3
Choice of 6 of the following:			12
HPE 228	Theory of Coaching	2	
HPE 318	Psychology of Sport	2	
HPE 358	Theory and Analysis of Teaching Golf	2	
HPE 359	Theory and Analysis of Teaching Tennis/Pickleball	2	
HPE 360	Theory and Analysis of Teaching Softball/Basketball	2	
HPE 353	Theory and Analysis of Teaching Soccer/Volleyball	2	
HPE 354	Theory and Analysis of Teaching Track and Field/Weight Training	2	
HPE 356	Theory and Analysis of Teaching Aquatics	2	
HPE 357	Theory and Analysis of Teaching Football/Badminton	2	
<b>Major Total</b>			<b>33</b>
<b><u>Professional Education</u></b>			
PED 100	Education Seminar		0
PED 121/111	Field-Based Experience/Practicum		1
PED 203	Foundations and Methods of Education		3
PED 222	School Health Care (Fall only)		1
PED 305	Pedagogy I		4
PED 361	Professional Education Seminar/Portfolio		0
PED 306	Pedagogy II		4
HPE 452	____		3
PED 475	Intern/Student Teaching (Elementary)		5
PED 495	Intern/Student Teaching (Secondary)		5
<b>Professional Education Total</b>			<b>26</b>
<b><u>Electives</u></b>			
____	Elective		
____	Elective		
____	Elective		
			<b>14</b>
<b>Degree Total</b>			<b>128</b>

**Student Assistantship Requirement**

All majors must complete one assistantship.

Activity Completed \_\_\_\_\_ Date \_\_\_\_\_