

SOCOM FAQ Sheet

The ORU Music Therapy Clinic is offering group sessions for adults/adolescents with developmental disabilities called SOCOM (social communication). The goals of this group are to improve interpersonal skills and enhance expressive communication. These sessions will have two levels:

- SOCOM 101 “social foundations”: focuses on core social and communication skills, such as turn-taking, eye contact, waiting your turn etc.
- SOCOM 102 “social principles”: focuses on advanced skills such as keeping a conversation going, small talk, building a support system etc.

How does it work?

Groups will consist of 3-6 clients. Clients can participate online or in-person:

Online: Client must have access to a zoom account, a working camera, and speakers. Additionally, clients should have one adult present with them during the session to help facilitate. They will need to have the following items available during the session: a pencil, paper, coloring utensils, and objects that can be used to make music (i.e., household items, or instruments)

In-person: Sessions will be held at the ORU Music Therapy Clinic. Clients are asked to arrive in a timely fashion.

What will clients do during the session?

Music therapy interventions are designed to enhance neuroplasticity and rebuild healthy neuropathways to facilitate social communication. Interactive and positive music therapy interventions include art-to-music, music and movement, song lyric analysis (song discussion), songwriting, musical games (Symbolic Communication Training, Social Competence Training), social stories, and collaborative musical experiences (Music in Psychosocial Training and Counseling).

How much do music therapy sessions cost?

Sessions are \$15 a week, which includes two sessions. If a client is absent on one day of the week, the price remains the same. Payment can be made online or through check each week or in a lump sum.

Can different residents attend each week?

No. Therapeutic goals and objectives are designed to meet the needs of the clients in the group. Therefore, it is recommended that the same clients attend each week.

How long is the music therapy session?

Each group meets twice a week for 45 minutes for the duration of an academic semester. One semester is approximately 4 months long.