

Neurologic Music Therapy (NMT) Boot Camp FAQ Sheet

The ORU Music Therapy Clinic is offering group sessions for adults with neurologic and geriatric disorders, including stroke, Traumatic Brain Injury, Parkinson's disease, dementia, and Alzheimer's disease. Clients will engage in evidence-based and standardized neurologic music therapy protocols to enhance sensorimotor, cognitive, and speech/language rehabilitation.

Screening Process

New clients are invited to participate in a free 30-minute assessment session before participating in the NMT Boot Camp program. Assessment will be one-on-one with a board-certified music therapist.

How does it work?

Groups will consist of 3-6 clients. Clients can participate online or in-person:

Online: Client must have access to a zoom account, a working camera, and speakers. Additionally, clients should have one adult present with them during the session to help facilitate. They will need to have the following items available during the session: a pencil, paper, and objects that can be used to make music (i.e., household items, or instruments)

In-person: Sessions will be held at the ORU Music Therapy Clinic. Clients are asked to arrive in a timely fashion.

What will clients do during the session?

The sessions will be led by a board-certified music therapist and neurologic music therapy fellow. Clients may participate in the following interactive neurologic music therapy protocols as per the group needs:

- Patterned Sensory Enhancement (PSE)
- Therapeutic Instrumental Music Performance (TIMP)
- Rhythmic Auditory Stimulation (RAS)
- Music Attention Control Training (MACT)
- Musical Mnemonics Training (MMT)
- Associative Mood and Memory Training (AMMT)
- Musical Echoic Memory Training (MEM)
- Musical Neglect Training (MNT)
- Auditory Perception Training (APT)
- Musical Executive Function Training (MEFT)
- Melodic Intonation Training (MIT)
- Musical Speech Stimulation (MUSTIM)
- Rhythmic Speech Cueing (RSC)
- Oral Motor and Respiratory Exercises (OMREX)
- Vocal Intonation Therapy (VIT)
- Therapeutic Singing (TS)

How much do music therapy sessions cost?

Sessions are \$12. Payment can be made online or through check each week or in a lump sum.

How long is the music therapy session?

Each group meets once a week for 45 minutes for the duration of an academic semester. One semester is approximately 10-15 weeks.