ORAL ROBERTS UNIVERSITY
DEGREE: **Bachelor of Arts**
MAJOR: **Christian Caregiving and Counseling**
CONCENTRATION:

DEGREE PLAN SHEET 2026-2027
ORU Online & Lifelong Learning

TOTAL HOURS REQUIRED	124
Hours in general education	60
Hours in major	36
Hours in cognate	12
Hours in minor and/or electives	16

Name _____

ID _____ Date _____

Telephone _____ Email _____

Advisor _____

SEMESTER TAKEN	COURSE CODE		COURSE TITLE	CREDIT HOURS
			YEAR 1, Fall Semester A	
	GEN		Intro to Whole Person Course	3
			Civics Course	3
			YEAR 1, Fall Semester B	
	PSY	201	Principles of Psychology	3
			Minor/Elective (COMP 101 recommended)	3
			YEAR 1, Spring Semester A	
	BIB	222	Old Testament Introduction	3
	THE	104	Spirit-Empowered Living	2
	HPE	171	Discovering Health Fitness I	1
			YEAR 2, Fall Semester A	
	CCC	301	Foundations of Christian Caregiving/Couns.	3
	THE		Theology Cognate Course	3
			YEAR 2, Fall Semester B	
	HUM		Humanities Course	3
	COM	101	Oral Communication	3
			YEAR 2, Spring Semester A	
	CCC	303	Issues and Identity of the Caregiver	3
	CCC	450	Counseling Research	3
			YEAR 3, Fall Semester A	
	CCC	339	Developing Helping Skills	3
	GEN		Scaffolded Interdisciplinary Course	3
			YEAR 3, Fall Semester B	
	CCC	321	Pastoral Approaches to Counseling	3
	COMP	303	Critical Reading & Writing	3
			YEAR 3, Spring Semester A	
	GEN		Scaffolded Interdisciplinary Course	3
	CCC	411	Practical Applications of Helping Skills	3
	HPE	101	Fitness for Life I	1
			YEAR 4, Fall Semester A	
	CCC	499	Senior Paper	3
	PHIL	401	Ethics	3
			YEAR 4, Fall Semester B	
	CCC	429	Substance Abuse	3
	GEN		Scaffolded Interdisciplinary Course	3
			YEAR 4, Spring Semester A	
			Course in Selected Minor/Elective	3
			Course in Selected Minor/Elective	3

SEMESTER TAKEN	COURSE CODE		COURSE TITLE	CREDIT HOURS
			YEAR 1, Spring Semester B	
	BIB	261	New Testament Introduction	3
	THE	105	Spirit-Empowered Leadership	2
	HPE	172	Discovering Health Fitness II	1
			YEAR 1, Summer Semester A	
	MAT	232	Elementary Statistics	3
			Social Sciences Elective*	3
			YEAR 1, Summer Semester B	
	COMP	102	Composition II***	3
	HUM		Humanities Course	3
			YEAR 2, Spring Semester B	
			Foreign Language (SPA/FRE 101; BIB 251)	3
			YEAR 2, Summer Semester A	
			Foreign Language (SPA/FRE 102; BIB 252)	3
			Course in Selected Minor/Elective	3
			YEAR 2, Summer Semester B	
	CCC		CCC Major Elective	3
			Laboratory Science Lecture**	3
			Laboratory Science Lab**	1
			YEAR 3, Spring Semester B	
	PSY	338	Psychology of Abnormal Behavior	3
			CCC Major Elective in Development	3
	CCC	398	Christian Caregiving and Counseling Practicum	1
			YEAR 3, Summer Semester A	
			Course in Selected Minor/Elective	3
			Course in Selected Minor/Elective	1
	CCC	398	Christian Caregiving and Counseling Practicum	1
			YEAR 3, Summer Semester B	
	CHRM	302	Christian Leadership	3
	HPE	102	Fitness for Life II	1
	CCC	398	Christian Caregiving and Counseling Practicum	1
			YEAR 4, Spring Semester B	

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Above is a list of courses that must be taken in order to complete your degree. The order may change due to the availability of courses or previous college course work. However, it is suggested that you follow this degree plan format. Elective requirements may be fulfilled by transfer of credit or by taking courses of the student's choice from ORU's undergraduate online offerings. **(NOTE: This is not your transfer evaluation!)**

Please note that taking more than 8 credit hours per 7-week term is neither recommended nor allowed without petition.

KEY

* - One of the following transfers as a social sciences elective: BUS 201, FIN 244, SOC 101, SOC 201.
** - Students may choose from the following laboratory science courses: BIO 101, CHE 101, EVR 101, PSC 101.
*** - Students must either complete COMP 101 with "C" or higher or pass a placement exam in order to enroll in COMP 102.
T - Transferred
NA - Not applicable

B.A. in Christian Caregiving and Counseling

ORU Online and Lifelong Learning

2026-2027

General Education			Credit Hours
Introduction to Whole Person Course (GEN 114 or GEN 115)			3
English (COMP 102*, 303*)			6
Foreign Language (Choose from Spanish, French, or Biblical Greek--both courses in the same language.)			6
Oral Communication (COM 101)			3
Humanities (HUM 201^, 202^, 203^, 204^, 999)			6
^At least 1 course must be chosen from the marked courses.			
Biblical Literature (BIB 222, 261)			6
Theology (THE 104, 105)			4
Laboratory Science (Choice of one of the following:)			4
BIO	101	Principles of Biology Lecture and Laboratory*	
CHE	101	Principles of Chemistry Lecture and Laboratory*	
EVR	101	Introduction to Environmental Science Lecture and Laboratory*	
PSC	101	Principles of Physical Science Lecture and Laboratory*	
Mathematics (MAT 232*)			3
Civics (Choose from GOV 101, 103; HIS 110, 111, 200)			3
Social Science Elective (Choice of one of the following:)			3
BUS	201	Principles of Economics I	
FIN	244	Personal Financial Planning	
PSY	201	Introduction to Psychology	
SOC	101	Introduction to Sociology	
SOC	201	Marriage and the Family	
Scaffolded Interdisciplinary Courses (Requires 300 and/or 400-level GEN designated courses.)			9
Health and Physical Education			4
(HPE 171, 172*, 101*, 102*)			
		General Education Total	60
Major			
CCC	301	Foundations of Christian Caregiving and Counseling	3
CCC	303	Issues and Identity of the Caregiver	3
CCC	321	Pastoral Approaches to Counseling	3
CCC	339	Developing Helping Skills	3
CCC	398	Christian Caregiving and Counseling Practicum (1-credit course, taken 3 times)	3
CCC	411	Practical Applications of Helping Skills	3
CCC	429	Substance Abuse	3
CCC	450*	Counseling Research	3
CCC	499*	Senior Paper	3
PSY	338*	Psychology of Abnormal Behavior	3
CCC Major Elective in Development (Choice of one of the following:)			3
CCC	332	Lifespan Development	
PSY	301*	Developmental Psychology	
CCC Major Elective (Choice of one of the following:)			3
CCC	324	Foundations of Personality Development	
CCC	405	Crisis Intervention	
PSY	321*	Psychology of Personality Development	
		Major Total	36
Cognate			
CHRM	302	Christian Leadership	3
PHIL	401	Ethics	3
PSY	201	Principles of Psychology	3
Theology Cognate Course (Choice of one of the following:)			3
THE	299	Introduction to Theology	
THE	313	Systematic Theology I	
		Cognate Total	12
Minor and/or Electives**			16
		Degree Total	124

*Course has prerequisite or corequisite requirements. See university catalog for details.

**Declaring a minor (18 hours required) will add credit hours to this degree plan.

All undergraduate students must complete a GO course. The recommended GO course for this program is SOC 101 or GOV 103.