

## Master of Arts in Professional Counseling

*fulfilling the educational requirements for a license in*

### MARRIAGE & FAMILY

#### Advisement/Degree Plan

Student Name: \_\_\_\_\_

ID: \_\_\_\_\_

Advisor: \_\_\_\_\_

This degree is accredited by HLC (the Higher Learning Commission), ATS (the Association of Theological Schools), and meets the curriculum standards of the eight core areas of CACREP.

Hours required for graduation: 76/76.5

#### University, College, and Program Distinctives, Assessments, and Proficiency Courses (5.5 credit hours\*)

--- PRFT 055	Spiritual Formation & Assessment (2 cr.)	--- PRFT 051	Professional Counseling Orientation (0.5 cr.)
--- PRFT 057	Mid-Level Assessment (0.5 cr.)	--- PRFT 064	Intro to Practicum/Internship <sup>3</sup> (0.5 cr.)
--- PRFT 058	Candidacy-Level Assessment (0.5 cr.)	--- PRFT 065	Counselor Prep Comprehensive Exam <sup>4</sup> (0 cr)
--- GHPE 503	Grad Health Fitness <sup>2</sup> (1 cr.)*	--- GHPE 515/25	Grad. Fitness Walk or Aerobics <sup>2</sup> (0.5 cr)

#### Christian Integration (11 credit hours\*)

--- GCSL 528	Christian Approaches to Counseling (3 cr.)	--- GCSL 571	Theology of Counseling (3 cr.)
--- GCSL 626	Scripture and Counseling (3 cr.)	--- GTHE 510	Holy Spirit Empowerment (2 cr.)*

#### Professional Counseling Common Core (33 Hours Required)

--- GCSL 624	Counseling Diverse Populations <sup>5</sup>	--- GCSL 650	Professional Ethics in Counseling
--- GCSL 628	Crisis, Trauma, & Addictions Cslg	--- GCSL 670	Psychopathology
--- GCSL 630	Counseling Methods	--- GCSL 679	Vocational Guidance
--- GCSL 635	Human Growth & Development	--- GCSL 681	Group Dynamics
--- GCSL 640	Human Sexuality	--- GCSL 784	Counseling Research
--- GCSL 643	Marital & Family Systems Theory		

#### Marriage and Family Concentration (18 hours)

--- GCSL 631	Addiction in the Family Counseling	--- GCSL 641	Assessment in Marriage & Family
--- GCSL 637	Contemporary Family Development	--- GCSL 676	Marriage Counseling
--- GCSL 642	Family Therapy	--- GCSL 722	Counseling Across the Life Span

#### Professional Experience (9 credit hours/700 clinical hours/12 months)

--- GCSL 763	Counseling Practicum <sup>1,3</sup> (100 hours)	--- GCSL 781	Counseling Internship I <sup>1,3</sup> (300 hours)
		--- GCSL 785	Counseling Internship II <sup>1,3</sup> (300 hours)

#### Optional Concentration Areas

Addictions Counseling (additional 12 hours of concentration studies)  
Clinical Mental Health (additional 6 hours of concentration studies)

\*Denotes course listed in the Catalog as prerequisites, which may be taken at any time during the program. GTHE 510 may be eligible for advanced standing credit, in certain circumstances. Check with your advisor or the counseling coordinator.

<sup>1</sup>Prerequisites Required

<sup>2</sup>Students may take undergraduate HPE courses with the GHPE 503 prerequisite. **GHPE 515 or 525** is available for grad students. The same HPE elective may be taken twice. 2 HPE Courses are required. A 1-credit class may not be substituted for two 0.5-credit classes. ORU undergraduate alumni may receive advanced standing for HPE 503 and take two 0.5-credit electives instead; a petition may be required.

<sup>3</sup>Background check assessment in PRFT 064 and, along with liability insurance, is required in GCSL 763/781/785.

<sup>4</sup>A fee of \$150-200 will be charged by the Center for Credentialing and Education.

<sup>5</sup>Students may petition for GCSL 570 Religious Diversity in Counseling to replace GCSL 624.

**COURSE SEQUENCING**  
**For MAPC in Marriage & Family (MAPC-MF)**  
**2025-26**

Student Name and Z-Number:

Course Code/Title		Credit	Course Code/Title		Credit
<b>FALL—First Year</b>			<b>SPRING—First Year</b>		
GCSL 528	Christian Approaches to Cslng (R,B <sup>a</sup> )	3	GCSL 630	Counseling Methods (R,B <sup>a</sup> )	3
GCSL 643	MFT Systems Theory (R,B <sup>b</sup> )	3	GCSL 628	Crisis, Trauma & Add'ns (R,B <sup>b</sup> )	3
GCSL 624	Counseling Diverse Populations <sup>5</sup> (V)	3	GCSL 650	Prof Ethics in Counseling <sup>+</sup> (V)	3
PRFT 055	Spiritual Formation & Assessment	2	GHPE 503	Grad Health Fitness <sup>2+</sup>	<u>1</u>
PRFT 051	Prof Counseling Orientation (V)	<u>0.5</u>	<b>Total credits this semester</b>		<b>10</b>
<b>Total credits this semester</b>			<b>11.5</b>		
<b>SUMMER—First Year</b>					
GCSL 784	Counseling Research (B <sup>a</sup> )	3			
GCSL 722	Counseling Across the Lifespan (B <sup>b</sup> )	3			
GCSL 626	Counseling and Scriptures <sup>6</sup> (V/O)	<u>3</u>			
	(last time offered during summer)	<b>9</b>			
<b>Total credits this semester</b>					
<b>FALL—Second Year</b>			<b>SPRING—Second Year</b>		
GCSL 635	Human Growth and Dev't (R,V)	3	PRFT 064	Intro to Practicum/Internship <sup>3</sup> (R,V)	.5
GCSL 631	Addiction in the Family Cslg (B <sup>b</sup> )	3	PRFT 057	Mid-Level Assessment <sup>1</sup> (O)	.5
GCSL 670	Psychopathology (R, B <sup>a</sup> )	<u>3</u>	GCSL 642	Family Therapy (V)	3
<b>Total credits this semester</b>			GCSL 641	Assmt of MFT (B <sup>b</sup> )	3
<b>9</b>			GCSL 676	Marriage Counseling (R,B <sup>a</sup> )	<u>3</u>
<b>SUMMER- Second Year<sup>1</sup></b>			<b>Total credits this semester</b>		<b>10</b>
GCSL 681	Group Dynamics (B <sup>a</sup> )	3			
GCSL 637	Contemporary Family Dev <sup>6</sup> (V)	3			
GCSL 763	Counseling Practicum <sup>1,3</sup> (R,V)	<u>3</u>			
<b>Total credits this semester</b>					
<b>9</b>					
<b>FALL – Third Year</b>			<b>SPRING – Third Year</b>		
GTHE 510	Holy Spirit Empowerment <sup>7</sup> (V/O)	2	GCSL 571	Theology of Counseling (O)	3
GCSL 640	Human Sexuality (R, B <sup>a</sup> )	3	GCSL 679	Vocational Guidance (V)	3
GCSL 781	Counseling Internship I <sup>1,3</sup> (R,V)	3	GCSL 785	Counseling Internship II <sup>1,3+</sup> (R,V)	3
GHPE	Health Fitness Elective	<u>0.5</u>	PRFT 065	Counselor Prep Comp. Exam <sup>4</sup> (O)	0
<b>Total credits this semester</b>			PRFT 058	Candidacy Level Assessment (O)	<u>0.5</u>
<b>8.5</b>			<b>Total credits this semester</b>		<b>9.5</b>

**GENERAL NOTES & EXPLANATIONS—RE CLASS FORMATS:**

R=Residential; B=Blended; V=Virtual, O=Online. These designations are given for aid in scheduling; formats for each class are subject to change.  
 Residential-format classes meet in the classroom 1X/week for 15 weeks.  
 For Blended, B<sup>a</sup> refers to the earlier weeks in the semester; B<sup>b</sup> refers to the later weeks. Exact weeks vary with the semester.  
 Virtual includes synchronous components at a 50% ratio. Online includes no synchronous components.

**FOOTNOTES:**

<sup>1</sup>Prerequisites Required

<sup>2</sup>Students may take undergraduate HPE courses with the GHPE 503 prerequisite. **GHPE 515 or 525** is available for grad students. The same HPE elective may be taken twice. 2 HPE Courses are required. A 1-credit class may not be substituted for two 0.5-credit classes. ORU undergraduate alumni may receive advanced standing for HPE 503 and take two 0.5-credit electives instead; a petition may be required.

<sup>3</sup>Background check assessment in PRFT 064 and, along with liability insurance, is required in GCSL 763/781/785. The FTP requirements must also be met as a prerequisite.

<sup>4</sup>A fee of \$150-200 will be charged by the Center for Credentialing and Education.

<sup>5</sup>Students may petition for GCSL 570 Religious Diversity in Counseling to replace GCSL 624.

<sup>6</sup>GCSL 626 is offered as a summer course for the last time in 2026; it will then move to Fall.

*This degree plan is designed to meet Oklahoma licensure requirements for MF*

**NOTE:** Students are ultimately responsible for the courses they take and the order in which they take them. Should students deviate from the proposed plan, they could jeopardize their graduation within the prescribed time limit. **UNDERGRAD COURSES WILL NOT BE CREDITED TO STUDENT'S DEGREE AND ARE NOT ELIGIBLE FOR FINANCIAL AID.** Students are encouraged to consult their faculty advisors.