

**Master of Arts in Professional Counseling**  
*fulfilling the educational requirements for dual licensure in*  
**CLINICAL MENTAL HEALTH with MARRIAGE & FAMILY**

**Advisement/Degree Plan**

Student Name: \_\_\_\_\_

ID: \_\_\_\_\_

Advisor: \_\_\_\_\_

**This degree is accredited by HLC (the Higher Learning Commission), ATS (the Association of Theology Schools), and meets curriculum standards of the eight core areas of CACREP.**

**Hours required for graduation: 82/82.5**

**University, College, and Program Distinctives, Assessments, and Proficiency Courses (5.5 credit hours\*)**

|     |          |   |     |             |   |
|-----|----------|---|-----|-------------|---|
| --- | PRFT 055 | Spiritual Formation & Assessment (2 cr.)  | --- | PRFT 051    | Professional Counseling Orientation (0.5 cr.)         |
| --- | PRFT 057 | Mid-Level Assessment (0.5 cr.)            | --- | PRFT 064    | Intro to Practicum/Internship <sup>3</sup> (0.5 cr.)  |
| --- | PRFT 058 | Candidacy-Level Assessment (0.5 cr.)      | --- | PRFT 065    | Counselor Prep Comprehensive Exam <sup>4</sup> (0 cr) |
| --- | GHPE 503 | Grad Health Fitness <sup>2</sup> (1 cr.)* | --- | GHPE 515/25 | Grad. Fitness Walk or Aerobics <sup>2</sup> (0.5 cr)  |

**Christian Integration (11 credit hours\*)**

|     |          |  |     |          |                                  |
|-----|----------|--|-----|----------|----------------------------------|
| --- | GCSL 528 | Christian Approaches to Counseling (3 cr.) | --- | GCSL 571 | Theology of Counseling (3 cr.)   |
| --- | GCSL 626 | Scripture and Counseling (3 cr.)           | --- | GTHE 510 | Holy Spirit Empowerment (2 cr.)* |

**Professional Counseling Common Core (33 Hours Required)**

|     |          |   |     |          |                                   |
|-----|----------|---|-----|----------|-----------------------------------|
| --- | GCSL 624 | Counseling Diverse Populations <sup>5</sup> | --- | GCSL 650 | Professional Ethics in Counseling |
| --- | GCSL 628 | Crisis, Trauma, & Addictions Cslg           | --- | GCSL 670 | Psychopathology                   |
| --- | GCSL 630 | Counseling Methods                          | --- | GCSL 679 | Vocational Guidance               |
| --- | GCSL 635 | Human Growth & Development                  | --- | GCSL 681 | Group Dynamics                    |
| --- | GCSL 640 | Human Sexuality                             | --- | GCSL 784 | Counseling Research               |
| --- | GCSL 643 | Marital & Family Systems Theory             |     |          |                                   |

**Clinical Mental Health Concentration (15 hours)**

|     |          |                                 |     |          |                                   |
|-----|----------|---------------------------------|-----|----------|-----------------------------------|
| --- | GCSL 625 | Counseling Theories             | --- | GCSL 724 | Testing & Assessment I <b>AND</b> |
| --- | GCSL 676 | Marriage Counseling             | --- | GCSL 641 | Assessment in Marriage and Family |
| --- | GCSL 722 | Counseling Across the Life Span |     |          |                                   |

**Marriage & Family Concentration (9 hours)**

|     |          |                                    |     |          |                |
|-----|----------|------------------------------------|-----|----------|----------------|
| --- | GCSL 631 | Addiction in the Family Counseling | --- | GCSL 642 | Family Therapy |
| --- | GCSL 637 | Contemporary Family Development    |     |          |                |

**Professional Experience (9 credit hours/700 clinical hours/12 months)**

|     |          |   |     |          |   |
|-----|----------|---|-----|----------|---|
| --- | GCSL 763 | Counseling Practicum <sup>1,3</sup> (100 hours) | --- | GCSL 781 | Counseling Internship I <sup>1,3</sup> (300 hours)  |
|     |          |   | --- | GCSL 785 | Counseling Internship II <sup>1,3</sup> (300 hours) |

\*Denotes courses listed in the Catalog as prerequisites, which may be taken at *any time* during the program. GTHE 510 may be eligible for advanced standing credit, in certain circumstances. Check with your advisor or the counseling coordinator.

<sup>1</sup>Prerequisites Required

<sup>2</sup>Students may take undergraduate HPE courses with the GHPE 503 prerequisite. **GHPE 515 or 525** is available for grad students. The same HPE elective may be taken twice. 2 HPE Courses are required. A 1-credit class may not be substituted for two 0.5-credit classes. ORU undergraduate alumni may receive advanced standing for HPE 503 and take two 0.5-credit electives instead; a petition may be required.

<sup>3</sup>Background check assessment in PRFT 064 and, along with liability insurance, is required in GCSL 763/781/785. The FTP requirements must also be met as a prerequisite.

<sup>4</sup>A fee of \$150-200 will be charged by the Center for Credentialing and Education.

<sup>5</sup>Students may petition for GCSL 570 Religious Diversity in Counseling to replace GCSL 624.

**COURSE SEQUENCING**  
**For MAPC in Clinical Mental Health (MAPC-CMH-MF)**  
**2025-26**

Student Name and Z-Number:

| Course Code/Title                      |   | Credit     | Course Code/Title                  |  | Credit    |
|--|---|------------|------------------------------------|--|-----------|
| <b>FALL—First Year</b>                 |   |            | <b>SPRING—First Year</b>           |  |           |
| GCSL 528                               | Christian Approaches to Cslng (R,B <sup>a</sup> ) | 3          | GCSL 630                           | Counseling Methods (R,B <sup>a</sup> )           | 3         |
| GCSL 643                               | MFT Systems Theory (R,B <sup>b</sup> )            | 3          | GCSL 628                           | Crisis, Trauma & Add'ns (R,B <sup>b</sup> )      | 3         |
| GCSL 624                               | Counseling Diverse Populations <sup>5</sup> (V)   | 3          | GCSL 650                           | Prof Ethics in Counseling <sup>+</sup> (V)       | 3         |
| PRFT 055                               | Spiritual Formation & Assessment                  | 2          | GHPE 503                           | Grad Health Fitness <sup>2+</sup>                | <u>1</u>  |
| PRFT 051                               | Prof Counseling Orientation (O)                   | <u>0.5</u> | <b>Total credits this semester</b> |  | <b>10</b> |
| <b>Total credits this semester</b>     |   |            | <b>11.5</b>                        |  |           |
| <b>SUMMER—First Year</b>               |   |            |                                    |  |           |
| GCSL 784                               | Counseling Research (B <sup>a</sup> )             | 3          |                                    |  |           |
| GCSL 722                               | Counseling Across the Lifespan (B <sup>b</sup> )  | 3          |                                    |  |           |
| GCSL 625                               | Counseling Theories (V)                           | 3          |                                    |  |           |
| GCSL 626                               | Scriptures in Counseling <sup>6</sup> (V/O)       | <u>3</u>   |                                    |  |           |
| (last time offered during summer)      |   |            |                                    |  |           |
| <b>Total credits this semester</b>     |   |            | <b>9-12</b>                        |  |           |
| <b>FALL—Second Year</b>                |   |            | <b>SPRING—Second Year</b>          |  |           |
| GCSL 635                               | Human Growth and Dev't (R,V)                      | 3          | PRFT 064                           | Intro to Practicum/Internship <sup>3</sup> (R,V) | .5        |
| GCSL 670                               | Psychopathology (R, B <sup>a</sup> )              | 3          | PRFT 057                           | Mid-Level Assessment <sup>1</sup> (O)            | .5        |
| GCSL 724                               | Testing & Assessment I (R, B <sup>b</sup> )       | <u>3</u>   | GCSL 676                           | Marriage Counseling                              | 3         |
| <b>Total credits this semester</b>     |   |            | GCSL 641                           | Assmt in Marriage & Family (B <sup>b</sup> )     | 3         |
| <b>9</b>                               |   |            | GCSL 642                           | Family Therapy (V)                               | 3         |
| <b>SUMMER- Second Year<sup>1</sup></b> |   |            | GCSL 679                           | Vocational Guidance (V)                          | <u>3</u>  |
| GCSL 681                               | Group Dynamics (B <sup>a</sup> )                  | 3          | <b>Total credits this semester</b> |  | <b>13</b> |
| GCSL 637                               | Contemporary Family Dev. (V)                      | 3          |                                    |  |           |
| GCSL 763                               | Counseling Practicum <sup>1,3</sup> (R,V)         | <u>3</u>   |                                    |  |           |
| <b>Total credits this semester</b>     |   |            | <b>9</b>                           |  |           |
| <b>FALL – Third Year</b>               |   |            | <b>SPRING – Third Year</b>         |  |           |
| GCSL 631                               | Addiction in the Family Cslg (B <sup>b</sup> )    | 3          | HPE                                | Elective <sup>2</sup>                            | 0.5       |
| GCSL 640                               | Human Sexuality (R, B <sup>a</sup> )              | 3          | PRFT 065                           | Counselor Prep Comp. Exam <sup>4</sup> (O)       | 0         |
| GTHE 510                               | Holy Spirit Empowerment (V/O)                     | 2          | PRFT 058                           | Candidacy Level Assessment (O)                   | 0.5       |
| GCSL 781                               | Counseling Internship I <sup>1,3</sup> (R,V)      | <u>3</u>   | GCSL 571                           | Theology of Counseling (O)                       | 3         |
| <b>Total credits this semester</b>     |   |            | GCSL 785                           | Counseling Internship II <sup>1,3+</sup> (R,V)   | <u>3</u>  |
| <b>11</b>                              |   |            | <b>Total credits this semester</b> |  | <b>7</b>  |

**GENERAL NOTES & EXPLANATIONS—RE CLASS FORMATS:**

R=Residential; B=Blended; V=Virtual, O=Online. These designations are given for aid in scheduling; formats for each class are subject to change.

Residential-format classes meet in the classroom 1X/week for 15 weeks.

For Blended, B<sup>a</sup> refers to the earlier weeks in the semester; B<sup>b</sup> refers to the later weeks. Exact weeks vary with the semester.

Virtual includes synchronous components at a 50% ratio. Online includes no synchronous components.

**FOOTNOTES:**

<sup>1</sup>Prerequisites Required

<sup>2</sup>Students may take undergraduate HPE courses with the GHPE 503 prerequisite. **GHPE 515 or 525** is available for grad students. The same HPE elective may be taken twice. 2 HPE Courses are required. A 1-credit class may not be substituted for two 0.5-credit classes. ORU undergraduate alumni may receive advanced standing for HPE 503 and take two 0.5-credit electives instead; a petition may be required.

<sup>3</sup>Background check assessment in PRFT 064 and, along with liability insurance, is required in GCSL 763/781/785. The FTP requirements must also be met as a prerequisite.

<sup>4</sup>A fee of \$150-200 will be charged by the Center for Credentialing and Education.

<sup>5</sup>Students may petition for GCSL 570 Religious Diversity in Counseling to replace GCSL 624.

<sup>6</sup>GCSL 626 is offered as a summer course for the last time in 2026; it will then move to Fall.

*This degree plan is designed to meet Oklahoma licensure requirements for CMH and MF.*

**NOTE:** Students are ultimately responsible for the courses they take and the order in which they take them. Should students deviate from the proposed plan, they could jeopardize their graduation within the prescribed time limit. **UNDERGRAD COURSES WILL NOT BE CREDITED TO STUDENT'S DEGREE AND ARE NOT ELIGIBLE FOR FINANCIAL AID.** Students are encouraged to consult their faculty advisors.