

Master of Arts in Professional Counseling

fulfilling the educational requirements for a license in

CLINICAL MENTAL HEALTH

Advisement/Degree Plan

Student Name: _____

ID: _____

Advisor: _____

This degree is accredited by HLC (the Higher Learning Commission), ATS (the Association of Theology Schools), and meets curriculum standards of the eight core areas of CACREP.

Hours required for graduation: 73/73.5

University, College, and Program Distinctives, Assessments, and Proficiency Courses (5.5 credit hours*)

---	PRFT 055	Spiritual Formation & Assessment (2 cr.)	---	PRFT 051	Professional Counseling Orientation (0.5 cr.)
---	PRFT 057	Mid-Level Assessment (0.5 cr.)	---	PRFT 064	Intro to Practicum/Internship ³ (0.5 cr.)
---	PRFT 058	Candidacy-Level Assessment (0.5 cr.)	---	PRFT 065	Counselor Prep Comprehensive Exam ⁴ (0 cr)
---	GHPE 503	Grad Health Fitness ² (1 cr.)*	---	GHPE 515/25	Grad. Fitness Walk or Aerobics ² (0.5 cr)

Christian Integration (11 credit hours)

---	GCSL 528	Christian Approaches to Counseling (3 cr.)	---	GCSL 571	Theology of Counseling (3 cr.)
---	GCSL 626	Scripture and Counseling (3 cr.)	---	GTHE 510	Holy Spirit Empowerment (2 cr.)

Professional Counseling Common Core (33 Hours Required)

---	GCSL 624	Counseling Diverse Populations ⁵	---	GCSL 650	Professional Ethics in Counseling
---	GCSL 628	Crisis, Trauma, & Addictions Cslg	---	GCSL 670	Psychopathology
---	GCSL 630	Counseling Methods	---	GCSL 679	Vocational Guidance
---	GCSL 635	Human Growth & Development	---	GCSL 681	Group Dynamics
---	GCSL 640	Human Sexuality	---	GCSL 784	Counseling Research
---	GCSL 643	Marital & Family Systems Theory			

Clinical Mental Health Concentration (15 hours)

---	GCSL 625	Counseling Theories	---	GCSL 724	Testing & Assessment I AND
---	GCSL 676	Marriage Counseling	---	GCSL 732	Testing & Assessment II ⁶ OR
---	GCSL 722	Counseling Across the Life Span	---	GCSL 641	Assessment in MFT

Professional Experience (9 credit hours/700 clinical hours/12 months)

---	GCSL 763	Counseling Practicum ^{1,3} (100 hours)	---	GCSL 781	Counseling Internship I ^{1,3} (300 hours)
			---	GCSL 785	Counseling Internship II ^{1,3} (300 hours)

Optional Concentration Areas

Addictions Counseling (additional 12 hours of concentration studies)
Marriage and Family (additional 9 hours of concentration studies)

*Denotes course listed in Catalog as a prerequisite, which may be taken at *any time* during the program. GTHE 510 may be eligible for advanced standing credit, in certain circumstances. Check with your advisor or the counseling coordinator.

¹Prerequisites Required

²Students may take undergraduate HPE courses with the GHPE 503 prerequisite. **GHPE 515 or 525** is available for grad students. The same HPE elective may be taken twice. 2 HPE Courses are required. A 1-credit class may not be substituted for two 0.5-credit classes. ORU undergraduate alumni may receive advanced standing for HPE 503 and take two 0.5-credit electives instead; a petition may be required.

³Background check assessment in PRFT 064 and, along with liability insurance, is required in GCSL 763/781/785. The FTP requirements must also be met as a prerequisite.

⁴A fee of \$150-200 will be charged by the Center for Credentialing and Education.

⁵Students may petition for GCSL 570 Religious Diversity in Counseling to replace GCSL 624.

⁶Testing & Assessment I is not a prerequisite of Testing & Assessment II.

COURSE SEQUENCING

For MAPC in Clinical Mental Health (MAPC-CMH)

2025-26

Student Name and Z-Number:

Course Code/Title	Credit	Course Code/Title	Credit
FALL—First Year		SPRING—First Year	
GCSL 528 Christian Approaches to Cslng (R,B ^a)	3	GCSL 630 Counseling Methods (R,B ^a)	3
GCSL 643 MFT Systems Theory (R,B ^b)	3	GCSL 628 Crisis, Trauma & Add'ns (R,B ^b)	3
GCSL 624 Counseling Diverse Populations ⁵ (V)	3	GCSL 650 Prof Ethics in Counseling ⁺ (V)	3
PRFT 055 Spiritual Formation & Assessment	2	GHPE 503 Grad Health Fitness ²⁺	<u>1</u>
PRFT 051 Prof Counseling Orientation (V)	<u>0.5</u>	Total credits this semester	10
Total credits this semester	11.5		
SUMMER—First Year			
GCSL 784 Counseling Research (B ^a)	3		
GCSL 722 Counseling Across the Lifespan (B ^b)	3		
GCSL 625 Counseling Theories (V)	<u>3</u>		
Total credits this semester	9		
FALL—Second Year		SPRING—Second Year	
GCSL 635 Human Growth and Dev't (R,V)	3	PRFT 064 Intro to Practicum/Internship ³ (R,V)	.5
GCSL 626 Scriptures in Counseling ⁷ (V/O)	3	PRFT 057 Mid-Level Assessment ¹ (O)	.5
GCSL 670 Psychopathology (R, B ^a)	3	GCSL 732 Testing & Assessment II ⁶ (B ^b) OR	3
GCSL 724 Testing & Assessment I (R, B ^b)	<u>3</u>	or 641 Assmt of MFT (B ^b)	3
Total credits this semester	12	GCSL 676 Marriage Counseling (R, B ^a)	3
		GCSL 679 Vocational Guidance (V)	<u>3</u>
SUMMER- Second Year		Total credits this semester	10
GCSL 681 Group Dynamics (B ^a)	3		
GCSL 763 Counseling Practicum ^{1,3} (R,V)	3		
Total credits this semester	6		
FALL – Third Year		SPRING – Third Year	
GCSL 781 Counseling Internship I ^{1,3} (R,V)	3	GCSL 785 Counseling Internship II ^{1,3+} (R,V)	3
GCSL 640 Human Sexuality (R, B ^a)	3	GCSL 571 Theology of Counseling (O)	3
GTHE 510 Holy Spirit Empowerment (V/O)	<u>2</u>	PRFT 065 Counselor Prep Comp. Exam ⁴ (O)	0
Total credits this semester	8	PRFT 058 Candidacy Level Assessment (O)	0.5
		HPE Elective ²	<u>0.5</u>
		Total credits this semester	7

GENERAL NOTES & EXPLANATIONS—RE CLASS FORMATS:

R=Residential; B=Blended; V=Virtual, which includes synchronous components at a 50% ratio; O=Online, which includes no synchronous components. These designations are given for aid in scheduling; formats for each class are subject to change.

Residential-format classes meet in the classroom 1X/week for 15 weeks.

For Blended, B^a refers to the earlier weeks in the semester; B^b refers to the later weeks. Exact weeks vary with the semester.

FOOTNOTES:

¹Prerequisites Required

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⁵Students may petition for GCSL 570 Religious Diversity in Counseling to replace GCSL 624 Counseling Diverse Populations.

⁶Testing & Assessment I is not a prerequisite for Testing & Assessment II.

⁷GCSL 626 is offered as a summer course for the last time in 2026; it will then move to Fall.

This degree plan is designed to meet Oklahoma licensure requirements for CMH.

NOTE: Students are ultimately responsible for the courses they take and the order in which they take them. Should students deviate from the proposed plan, they could jeopardize their graduation within the prescribed time limit. **UNDERGRAD COURSES WILL NOT BE CREDITED TO STUDENT'S DEGREE AND ARE NOT ELIGIBLE FOR FINANCIAL AID.** Students are encouraged to consult their faculty advisors.