

Master of Arts in Professional Counseling

fulfilling the educational requirements for a license in

CLINICAL MENTAL HEALTH

Advisement/Degree Plan

Student Name: _____

ID: _____

Advisor: _____

This degree is accredited by HLC (the Higher Learning Commission) and ATS (the Association of Theological Schools), and it meets the curriculum standards for the eight core areas of CACREP.

Hours required for graduation: 68

University, College, and Program Distinctives, Assessments, and Proficiency Courses (2 credit hours)

--- PRFT 055	Spiritual Formation & Assessment (0 cr.)	--- PRFT 051	Professional Counseling Orientation (0.5 cr.)
--- PRFT 057	Mid-Level Assessment (0 cr.)	--- PRFT 064	Intro to Practicum/Internship (0.5 cr.)
--- PRFT 058	Candidacy-Level Assessment (0 cr.)	--- PRFT 065	Counselor Prep Comprehensive Exam (0 cr.)
--- GHPE 503	Grad Health Fitness (1 cr.)		

Christian Integration (9 credit hours)

--- GCSL 528	Christian Approaches to Counseling (3 cr.)	--- GCSL 571	Theology of Counseling and Spirit-Empowerment (3 cr.)
--- GCSL 626	Scripture and Counseling (3 cr.)		

Professional Counseling Common Core (33 Hours Required)

--- GCSL 624	Counseling Diverse Populations	--- GCSL 650	Professional Ethics in Counseling
--- GCSL 628	Crisis, Trauma, & Addictions Cslg	--- GCSL 670	Psychopathology
--- GCSL 630	Counseling Methods	--- GCSL 679	Vocational Guidance
--- GCSL 635	Human Growth & Development	--- GCSL 681	Group Dynamics
--- GCSL 640	Human Sexuality	--- GCSL 784	Counseling Research
--- GCSL 643	Marital & Family Systems Theory		

Clinical Mental Health Concentration (15 hours)

--- GCSL 625	Counseling Theories	--- GCSL 724	Testing & Assessment I
--- GCSL 676	Marriage Counseling	--- GCSL 732	Testing & Assessment II
--- GCSL 722	Counseling Across the Life Span		

Professional Experience (9 credit hours/700 clinical hours/12 months)

--- GCSL 763	Counseling Practicum (100 hours)	--- GCSL 781	Counseling Internship I (300 hours)
		--- GCSL 785	Counseling Internship II (300 hours)

Optional Concentration Areas

Addictions Counseling (additional 12 hours of concentration studies)
Marriage and Family (additional 9 hours of concentration studies)

COURSE SEQUENCING
For MAPC in Clinical Mental Health (MAPC-CMH)
2026-27

Student Name and Z-Number:

Course Code/Title		Credit	Course Code/Title		Credit
FALL—First Year			SPRING—First Year		
GCSL 528	Christian Approaches to Cslng (R,B ^a)	3	GCSL 630	Counseling Methods (R,B ^a)	3
GCSL 643	MFT Systems Theory (R,B ^b)	3	GCSL 628	Crisis, Trauma & Add'ns (R,B ^b)	3
GCSL 624	Counseling Diverse Populations ⁵ (V)	3	GCSL 650	Prof Ethics in Counseling (V)	3
PRFT 055	Spiritual Formation & Assessment (V)	0	GHPE 503	Grad Health Fitness	<u>1</u>
PRFT 051	Prof Counseling Orientation (V)	<u>0.5</u>	Total credits this semester		10
Total credits this semester					
9.5					
SUMMER—First Year					
GCSL 784	Counseling Research (B ^a)	3			
GCSL 722	Counseling Across the Lifespan (B ^b)	3			
GCSL 625	Counseling Theories (V)	<u>3</u>			
Total credits this semester					
9					
FALL—Second Year			SPRING—Second Year		
GCSL 635	Human Growth and Dev't (R, V)	3	PRFT 064	Intro to Practicum/Internship ^{1, 2} (R, V)	.5
GCSL 626	Scriptures in Counseling (V/O)	3	PRFT 057	Mid-Level Assessment ¹ (O)	0
GCSL 724	Testing & Assessment I (R,B ^b)	3	GCSL 732	Testing & Assessment II ⁴ (B ^b)	3
GCSL 670	Psychopathology (R, B ^a)	<u>3</u>	GCSL 676	Marriage Counseling (R, B ^a)	3
Total credits this semester			GCSL 679	Vocational Guidance (V)	<u>3</u>
12			Total credits this semester		9.5
SUMMER- Second Year					
GCSL 681	Group Dynamics (B ^a)	3			
GCSL 763	Counseling Practicum ^{1,2} (R, V)	<u>3</u>			
Total credits this semester					
6					
FALL – Third Year			SPRING – Third Year		
GCSL 781	Counseling Internship I ^{1,2} (R, V)	3	GCSL 785	Counseling Internship II ^{1,2} (R,V)	3
GCSL 640	Human Sexuality (R, B ^a)	<u>3</u>	GCSL 571	Theo of Counseling and SE (R, V)	3
Total credits this semester			PRFT 065	Counselor Prep Comp. Exam ^{1,3} (O)	0
6			PRFT 058	Candidacy Level Assessment ¹ (O)	0
			Total credits this semester		6

GENERAL NOTES & EXPLANATIONS—RE CLASS FORMATS:

R=Residential; B=Blended; V=Virtual, which includes synchronous components at a 50% ratio; O=Online, which includes no synchronous components. These designations are provided to aid scheduling; class formats are subject to change.

Residential-format classes meet in the classroom 1X/week for 15 weeks.

For Blended, B^a refers to the earlier weeks in the semester; B^b refers to the later weeks. Exact weeks vary with the semester.

FOOTNOTES:

¹ Prerequisites Required

² Background check assessment in PRFT 064 and liability insurance are required in GCSL 763/781/785. Students must also meet FTP requirements.

³ A fee will be charged by the Center for Credentialing and Education.

⁴ Testing & Assessment I is *not* a prerequisite for Testing & Assessment II.

⁵ Students may petition for GCSL 570 Religious Diversity in Counseling to replace GCSL 624.

This degree plan is designed to meet Oklahoma licensure requirements for LPC.

NOTE: Students are responsible for the courses they take and the order in which they take them. Should students deviate from the proposed plan, they could jeopardize their graduation within the prescribed time limit. **UNDERGRAD COURSES WILL NOT BE CREDITED TO THE STUDENT'S DEGREE AND ARE NOT ELIGIBLE FOR FINANCIAL AID.** Students should consult their faculty advisors.